

| District | Team Name | Pool |
|--------------------|---------------------------------------|------|
| Arkansas | Arkansas Fusion | C-6 |
| Arkansas | Arkansas Lady Sparks | J-4 |
| Connecticut | Connecticut Breeze | H-4 |
| Florida | Jacksonville Lady Rams | F-1 |
| Florida Gold Coast | Broward Lady Bearcats | B-4 |
| Georgia | Atlanta Lady Celtics | D-4 |
| Georgia | GA Pistols Gold | E-5 |
| Indiana | North Side Indy Magic | A-2 |
| Indiana | HGBL Rebels | C-4 |
| Indiana | Indiana Outlaws | D-5 |
| Indiana | CKB Royals | E-4 |
| Indiana | Indiana Legends | F-3 |
| Kentucky | Cutter Hoopsters | A-5 |
| Lake Erie | CBC/Next Level | B-5 |
| Maryland | Maryland Lady Comets | A-4 |
| Maryland | Lady Lions | F-5 |
| Metropolitan | New York Elite | A-1 |
| Michigan | Patriots | G-3 |
| Michigan | Midland Fastbreak | I-4 |
| Michigan | Pistons | J-5 |
| Middle Atlantic | Fencor | C-5 |
| Minnesota | MN Suns-Ellen | D-1 |
| Minnesota | Minnesota Suns-Greg | I-3 |
| Missouri Valley | Kansas Belles | B-1 |
| Missouri Valley | KC Shock | H-6 |
| New Jersey | Jersey Knights | B-6 |
| North Carolina | Carolina Pacers | D-3 |
| North Carolina | Carolina Comets | G-4 |
| North Carolina | North Carolina Flight | I-6 |
| Ohio | Cincy Legend | A-3 |
| Ohio | College Bound Capital City Comets | C-3 |
| Ohio | MBA Elite | E-3 |
| Ohio | Cincinnati Heat Premier | F-4 |
| Ohio | Ohio Lady Jayhawks | G-2 |
| Ohio | Cincinnati Finest | H-3 |
| Ohio | Dayton Lady Hoopstars Black | I-5 |
| Ohio | Ohio Lady Diamonds | J-1 |
| Potomac Valley | James Lee Lady Razorbacks | B-2 |
| Potomac Valley | Maryland Flames Elite | C-1 |
| Potomac Valley | Fairfax Stars | G-1 |
| Southeastern/AL | Vigilance Ballers | C-2 |
| Southeastern/AL | Alabama Twisters | G-5 |
| Southeastern/TN | Tennessee Lady Dawgz | B-3 |
| Southeastern/TN | KGC Lady Pride | D-2 |
| Southeastern/TN | Tennessee Lady Trotters | E-2 |
| Southeastern/TN | Tennessee Team Pride | F-2 |
| Southeastern/TN | Memphis Elite | H-1 |
| Southeastern/TN | Tennessee Wings | I-2 |
| Southern/LA | Domino's | I-1 |
| Southern/LA | Monroe Lady Lightning | J-3 |
| Virginia | James River Blaze-Sherod | E-1 |
| Virginia | Virginia Girls Basketball Association | H-2 |
| West Virginia | West Virginia Thunder | A-1 |
| Wisconsin | WBA Prestige-Orange | J-2 |