

| District | Team Name | Pool |
|-----------------|--------------------------------|-------------|
| Connecticut | Connecticut Basketball Academy | A-4 |
| Connecticut | Connecticut Bandits | B-2 |
| Connecticut | Connecticut Starters | C-5 |
| Georgia | N.E. Lady Hornets | A-1 |
| Indiana | Columbus Boomers | B-5 |
| Middle Atlantic | Central Penn Ballers | A-3 |
| Middle Atlantic | Comets | B-1 |
| Middle Atlantic | Delaware Pal Wildcats | C-3 |
| Middle Atlantic | Lehigh Valley Outcasts | D-4 |
| Middle Atlantic | Schuylkill Storm | G-5 |
| Maryland | Perry Hall Silver Bullets | A-5 |
| Maryland | Edgewood Lady Rams | D-1 |
| Maryland | Hoopsmart | E-3 |
| Maryland | Maryland Lady Comets | F-2 |
| Maryland | Baltimore Ravens | H-1 |
| North Carolina | Carolina Lady Elite | B-4 |
| North Carolina | Lady Phoenix ICE | C-1 |
| North Carolina | Sandhills Cyclones | D-2 |
| North Carolina | Carolina Comets | G-1 |
| New England/MA | Bay State Magic Elite | E-5 |
| New England/MA | Bay State Gators | F-1 |
| New England/MA | WBA Hawks | H-3 |
| New England/NH | Exeter Hawks | G-2 |
| Ohio | Southern Ohio Magic | F-3 |
| Potomac Valley | Arlington Pride | A-2 |
| Potomac Valley | BRYC Tar Heels | B-3 |
| Potomac Valley | Flames Seraile | C-4 |
| Potomac Valley | Lady Tarheels | E-2 |
| Potomac Valley | Maryland Lady Cruasders | D-5 |
| Potomac Valley | Maryland United Lady Ballers | G-4 |
| Potomac Valley | YBAM Sparks | H-2 |
| South Carolina | South Carolina Stars | F-4 |
| Southeastern/TN | First TN Stars | E-1 |
| Southeastern/TN | Moore County Raiderettes | H-2 |
| Virginia | BWSL-Lady Ballers | G-6 |
| Virginia | Norfolk Xpress | C-2 |
| Virginia | Roanoke Stars | D-3 |
| Virginia | Team TPLS | E-4 |
| Virginia | The Swish | F-5 |
| Virginia | Loudoun Storm | G-3 |
| Virginia | Virginia Lady Miracles | H-5 |
| Wisconsin | Wisconsin Hoops Select | B-6 |