

JUDO

GIRLS (13-15) INTERMEDIATE DIVISION
OVER 100 UP TO & INCLUDING 115 LBS.

Region	Name	Age	Home
3	Terri Tompkins	15	Columbus, GA
4	Laurie Coddling	15	Sarasota, FL
6	Lena Burtman	15	Rochelle, IL
7	Lynn Williams	13	Omaha, NE
8	Mary Denette	14	Fort Sill, OK
10	Amy Sue Quiring	14	Littleton, CO
16	Tina Hallock	14	Memphis, TN

OVER 115 UP TO & INCLUDING 130 LBS.

Region	Name	Age	Home
3	Jerri Young	14	Taylors, SC
4	Cynthia West	14	Sarasota, FL
6	Belinda Miles	15	Dayton, OH
7	Lynn Roethke	15	West Bend, WI
8	Debbie Christie	15	North Little Rock, AR
9	Valarie Weaver	13	San Antonio, TX
10	Adrienne Brady	14	Denver, CO
16	Dorothy Brown	15	Redstone Arsenal, AL

OVER 130 UP TO & INCLUDING 145 LBS.

Region	Name	Age	Home
6	Deanna Maldonado	15	Chicago, IL

OVER 145 UP TO & INCLUDING 160 LBS.

Region	Name	Age	Home
2	Joann Barba	15	Wilmington, DE

OVER 160 LBS.

Region	Name	Age	Home
1	Dawn Capella	15	Liverpool, NY
9	Linda Fony	14	Shreveport, LA

SYNCHRONIZED SWIMMING

SOLO - S
DUET - D
TEAM - T

Region	Name	Club
1	Renee Busca - T	Hamden Heronettes
1	Mary Foley - T	Hamden Heronettes
1	Heidi Greiner - (Alt.)	Tonawanda Aquettes
1	Micheele Maciorowski - T	Hamden Heronettes
1	Diane Nowak - T	Hamden Heronettes
1	Cathleen O'Brian - D	Tonawanda Aquettes
1	Kim Palmer - T	Hamden Heronettes
1	Paula Ryan - T	Hamden Heronettes
1	Tina Sacramone - T	Hamden Heronettes
1	Lisa Sasso - T	Hamden Heronettes
1	Cindy Tobin - T	Hamden Heronettes
1	Barbara Willis - S	Westfield Aquatic Sprites
2	Christine Keleher - D	Tonawanda Aquettes
2	Lynne Austin - T	Baltimore YWCA Aqualites
2	Lisa Cobes - D	Neshaminy Doll-Finettes
2	Nancy Dees - T	Baltimore YWCA Aqualites
2	Ann Hersey - T	Baltimore YWCA Aqualites
2	Leslie Kleabatz - D	Neshaminy Doll-Finettes
2	Carolyn Mosher - T	Baltimore YWCA Aqualites
2	Betsy Neira - S	Dolphinolas of Richmond
2	Deirdre Williams - T	Baltimore YWCA Aqualites
3	Jane Brooks - T	Westover Swim & Tennis
3	Kay Bruffey - D, T	Westover Swim & Tennis
3	Margis Fary - S, D, T	Westover Swim & Tennis
3	Leslie Holmes - T	Westover Swim & Tennis
3	Sara Reynolds - T	Westover Swim & Tennis
4	Kathy Barras - T	Westover Swim & Tennis
4	Wendy Burkard - T	Blue Sharkettes
4	Fay Duffner - T	Blue Sharkettes
4	Peggy Longstreet - S	Aqua-Chicks of N. Miami
4	Terry Raskin - D, T	Blue Sharkettes
4	Janice Rubin - T	Blue Sharkettes
4	Conchy Tariche - T	Blue Sharkettes
4	Stella Tariche - D, T	Blue Sharkettes
6	Sheri Arehart - T	Columbus Coralina Club
6	Gretchen Borel - T	Columbus Coralina Club
6	Cathy Grogan - T	Columbus Coralina Club
6	Emilie Hebert - T	Columbus Coralina Club
6	Wendy Lieser - T	Columbus Coralina Club
6	Ann Mahoney - T	Columbus Coralina Club
6	Cheryl Meeder - T	Garden City Parks & Rec.
6	Melanie Saponic - D	Garden City Parks & Rec.
6	Rhonda Schnerpunas - D	Garden City Parks & Rec.
6	Jackie Sieh - S, D	Garden City Parks & Rec.
6	Stephanie Smith - T	Westover Swim and Tennis
6	Shelley White - T	Columbus Coralina Club
6	Mary Hoess - T	Columbus Coralina Club

JUDO

GIRLS (16-18) SENIOR DIVISION
OVER 95 UP TO & INCLUDING 110 LBS.

Region	Name	Age	Home
1	Christine Maurer	18	Emerson, NJ
3	Sally Ann Lentini	16	Asheville, NC
7	Roxane Brown	17	Milwaukee, WI
8	Teresa Caldwell	17	Claremore, OK
16	Debbie Wilkerson	16	Memphis, TN

OVER 110 UP TO & INCLUDING 125 LBS.

Region	Name	Age	Home
1	Floria Zaferelis	16	Salem, MA
2	Laurie Parkman	17	Havertown, PA
3	Tessie Pierce	16	Fort Benning, GA
4	Gail Bowen	18	Miami, FL
6	Elizabeth Stayskal	17	Taylor, MI
9	Colleen Lawrence	17	Copperas Cove, TX

OVER 125 UP TO & INCLUDING 140 LBS.

Region	Name	Age	Home
1	Pam Adams	16	Beverly, MA
2	Robin Chapman	18	Pittsburgh, PA
4	Vivian Allen	17	Bartow, FL
6	Cathy Florian	17	Portage, MI
16	Darleen Hill	18	Memphis, TN

OVER 140 UP TO & INCLUDING 155 LBS.

Region	Name	Age	Home
8	Kitty Blankenship	17	North Little Rock, AR
9	Cynthia Weaver	16	San Antonio, TX

OVER 155 UP TO & INCLUDING 170 LBS.

Region	Name	Age	Home
1	Simone Robert	17	Edison, NJ

SYNCHRONIZED SWIMMING

SOLO - S
DUET - D
TEAM - T

Region	Name	Club
7	Carol Grier - T	Creighton Naiads - NEB
7	Kareen Hansen - T	Creighton Naiads - NEB
7	Jan Zenk - S, D, T	Creighton Naiads - NEB
7	Peggy Zenk - S, D, T	Creighton Naiads - NEB
8	Patty Ausdenmore - T	Kansas City Sea Sprites
8	Julia Meyer - T	Kansas City Sea Sprites
8	Linda Meyer - D, T	Kansas City Sea Sprites
8	Sandi Meyer	Kansas City Sea Sprites
8	Sue Miller - T	Kansas City Sea Sprites
8	Lisa Riddell - T	Kansas City Sea Sprites
8	Holly Spencer - S, D, T	Kansas City Sea Sprites
9	Janet Easton - T	Cygnets of San Antonio
9	Linda Lampe - T	Cygnets of San Antonio
9	Lynn Reynolds - T	Cygnets of San Antonio
9	Pam Rowland - T	Cygnets of San Antonio
9	Diana Tedder	Cygnets of San Antonio
9	Kim Watta	Cygnets of San Antonio
10	Christine Erickson	HVMCA Marlins of New Mexico
10	Lori Harrell	HVMCA Marlins of New Mexico
10	Kelle Cadman - D	Lander Dolphinettes of Wy.
11	Judy Price - D	Lander Dolphinettes
11	Cindy Costie - T	Seattle Aqua Club, Washington
12	D'Aquila, Lisa - T	Seattle Aqua Club, Washington
12	Tina Gronholdt	Seattle Aqua Club, Washington
12	Lori Hibbard - D	Synchoettes of Oregon City
12	Joanne Leovy - T	Seattle Aqua Club, Washington
12	Lisa Kimmerling	Seattle Aqua Club, Washington
12	Elizabeth Miller - S	Synchronettes of Oregon City
12	Shelley Miller - D	Synchronettes of Oregon City
12	Lisa Mork - D	Seattle Aqua Club, Washington
12	Donna Ross	Seattle Aqua Club, Washington
12	Tracie Ruiz - T	Seattle Aqua Club, Washington
13	Andrea Skarperud - T	Seattle Aqua Club, Washington
13	Carla Aubry	Aquanuts of Walnut Creek
13	Beth Denison - T	Aquanuts of Walnut Creek
13	Ruth Fleming - T	Aquanuts of Walnut Creek
13	Bitu Martin - T	Aquanuts of Walnut Creek
13	Monica Mendenhall - T	Aquanuts of Walnut Creek
13	Julie Olson - S, D	Aquanuts of Walnut Creek
13	Sherry Phipps - T	Aquanuts of Walnut Creek
13	Becky Roy - (Alt.)	Aquanuts of Walnut Creek
13	Angela Schaub - T	Aquanuts of Walnut Creek
16	Sherry Holcomb - S	Chattanooga Seagulls, Tn.

TRACK AND FIELD

BOYS SHOT PUT
J.O. Championship Record: Russ Vincent, Washington 62-11
1975 Champion: Steve Montgomery, California 59-8

Region	Name	Age	Home	Regional Score
1	William S. Blake	18	Westbrook, Me	57-2½
1	Robert Horn	18	Carteret, NJ	
2	Joseph Maciejczyk	18	Bethel Park, Pa	58-11
2	Larry Rosen	17	Silver Springs, Md	54-8
3	Don Davis	17	Lexington, SC	
3	Travis Freeman	18	Jacksonville, NC	
4	Dennis Laplant	18	Bunta Gorda, Fl	48-7
4	Stan Simmons	18	Hialeah, Fl	56-7½
5	Kent Kakugawa	15	Pearl City, HI	39-8
6	Don Kozak	15	Oak Lawn, Il	
6	Revawn Harris	17	Cleveland, Oh	55-11 3/4
6	Chris Dustrud	17	Brooklyn Park, Mn	53-6
7	Dan Gushard	16	Hickman, Nb	55-½
7	Jim Favrow	17	Manhattan, Ks	56-9½
8	Tom Lawrence	16	Fort Scott, Ks	55-7½
9	Ralph Butler	16	Baton Rouge, La	50-4
9	David Taveirne	17	Austin, Tx	56-10
10	John Ullinger	17	Morristown, Az	52-3½
11	Jeff Lukens	18	Sioux Falls, SD	58-2
11	Todd Paddock	18	Billings, Mt	53-8
12	Vincent Goldsmith	17	Tacoma, Wa	60-8 3/4
13	Michael Smith	18	San Mateo, Ca	57-3
13	Scott Endler	17	Fresno, Ca	57-4
16	Ricky Golden	17	Memphis, Tn	47-0
16	Frank Warren III	16	Birmingham, Al	61

GIRLS DISCUS
J.O. Championship Record: Olga Arvanda, Texas 140 (1972)
1975 Champion: Not contested

Region	Name	Age	Home	Regional Score
1	Helene Connell	16	Jackson, NJ	145-11
1	Jill Pingree	17	Temple, Me	122-2½
2	Leslie Draper	18	Camp Springs, Md	123-3
2	Patricia Newman	17	Manheim, Pa	110-4
3	Lu Holshouser	17	Faith, NC	106-11 3/4
3	Leatrice Parmley	16	Newport, NC	112-1
4	Cynthia Flanagan	17	Miami, Fl	115-7
4	Helen Tyler	18	Miami, Fl	119
6	Nancy Jenkins	16	Columbus, Oh	108-8
6	Sherree Maggard	17	Shively, Ky	116-5
7	Cheryl Voight	17	Portage, Wi	124-11½
7	Sue Kobza	17	Schuyler, Mn	130-11½
8	Cindy Kiser	18	Branson, Mo	127-1
8	Becky McGranahan	15	Emmett, Ks	121-11
9	Vickilee Cobern	15	Paint Rock, Tx	135-2
9	Donna Albers	15	Portland, Tx	134-9
10	Judith Anderson	18	El Paso, Tx	124-10½

TRACK AND FIELD

BOYS LONG JUMP
J.O. Championship Record: Spencer Thomas, Louisiana 24-8½ (1968)
1975 Champion: Steven Safranski, Illinois 24-1

Region	Name	Age	Home	Regional Score
2	Mark Shaw	17	Silver Springs, Md	21-6
2	Uylous Ingram, Jr.	17	Pooli, Pa	22-2½
3	Ernest Eugene Marvin	17	Columbia, SC	
3	James Samuels	17	Winston-Salem, NC	22-8 3/4
4	Gene Gustad	17	Pembroke Pines, Fl	21-6½
4	Zachary Pinkston	18	Miami, Fl	21-7
6	Robert Cannon	18	Columbus, Oh	22-9½
6	Steven Safranski	18	Mark, Il	23-5
8	Gary Lacy	18	St. Louis, Mo	22-11
9	Llewellyn Howard	18	New Orleans, La	23-1½
10	Lamont King	16	Surprise, Az	22-9½
10	Wayne Walker	16	Tucson, Az	23-5
11	David Bakke	17	Sioux Falls, SK	23-6½
11	Bill Chambers	18	Livingston, Mt	21-10½
12	Larry Costello	16	Kent, Wa	21-11½
12	Dennis Sullivan	16	Pasco, Wa	
13	Anthony Glover	17	Richmond, Ca	23-7
13	Thomas Giles	17	Los Angeles, Ca	22-5
16	Edward Walker	17	Mobile, Al	21-1

BOYS 120 YARD HIGH HURDLES
J.O. Championship Record: Al Hall, California 13.8 (1970)
1975 Champion: J. D. Hill, Missouri 14.04

Region	Name	Age	Home	Regional Score
1	Melvin Pickney	18	Trenton, NJ	14.8
1	Keith Allen	17	St. Albans, NY	14.8
2	Kevin Williams	18	Richmond, Va	14.0
3	Dexter Hawkins	15	Atlanta, Ga	
3	Brian Winham	18	Decatur, Ga	14.53
4	Ken Brown	17	Miami, Fl	15.4
4	Kevin Smith	16	Orlando, Fl	14.9
4	Kenneth Cammack	18	Fort Wayne, In	14.1
6	Marshall Parks	18	Dayton, Oh	13.9
7	Randy Brooks	17	Omaha, Ne	14.4
8	Barry Brown	17	Little Rock, Ar	14.4
8	Norman, Ok	17	Norman, Ok	14.6
9	Joe Day III	17	San Antonio, Tx	14.6
9	Gary Colston	18	Bogalusa, La	14.0
10	Kevin Scribner	16	El Paso, Tx	14.8
10	Richard Risenger	16	Albuquerque, NM	14.8
11	Scott Perda	18	Great Falls, Mt	14.3
11	Bob Tobin	17	Great Falls, Mt	14.9
12	Jeffrey Bachmeier	18	Tacoma, Wa	14.4
12	Jeff Bruce	18	Tacoma, Wa	14.2

TRACK AND FIELD

GIRLS DISCUS (Continued)

Region	Name	Age	Home	Regional Score
10	Margaret Fox	17	Westminster, Co	136-3½
11	Julie Browne	15	Thompson Falls, Mt	104-3
11	Barbara Hanson	16	Onida, SD	107-0
12	Teresa Groshong	17	Sweet Home, Or	123
13	Susan Springer	15	Salinas, Ca	131-½
13	Karen Stampfli	16	Susanville, Ca	122
16	Bertha Cummings	18	Nashville, Tn	112
16	Monica Walker	16	Memphis, Tn	

GIRLS HIGH JUMP
J.O. Championship Record: Toni Jones, Washington, D.C. 5-8 (1975)

Region	Name	Age	Home	Regional Score
1	Kim Ponosny	18	Depew, NY	5-5
1	Peggy Stewart	15	Danvers, Ma	5-5
2	Anne Cale	17	Reston, Va	5-2
2	Pamela Serfass	17	Pen Arsgyl, Pa	5-2
3	Sandy Sampson	17	Morehead City, NC	5-4½
3	Michelle Longan	17	Charlotte, NC	5-4½
4	Sandra Monce	17	Tampa, Fl	5-5
4	Diana Butler	17	Jacksonville, Fl	5-6
5	Dacey Tyler	17	Honolulu, HI	5-4
6	Deborah Williams	16	Lexington, Ky	5-5
6	Missy Meeker	17	Waterbury, Oh	5-8
7	Eileen Berea	18	West Allis, Wi	5-5
7	Patty Gleason	17	Hastings, Mn	5-5
8	Deanna Bush	15	Little River, Ks	5-4
8	Deborah Crawford	17	Kansas City, Ks	5-4
9	Tammie Thomas	16	Eules, Tx	5-6
10	Sharon Burrill	16	Denver, Co	5-5
10	Laura Danielson	17	Loveland, Co	5-6
11	Joan Brockhaus	17	Rosholt, SK	5-2
11	Kim Wendt	16	Sioux Falls, SK	5-5½
12	Patsy Walker	17	Yelm, Wa	5-6
12	Tena Montoya	17	Scio, Or	5-4
13	Joan Martin	16	Felton, Ca	5-6
13	Elizabeth Kern	14	Fillmore, Ca	5-8
16	Cheryl Harvey	16	Arlington, Tn	5-1

BOYS ONE MILE RUN (Continued)

Region	Name	Age	Home	Regional Score
6	Mark Helgeson	18	Cincinnati, Oh	4:21.9
6	John Isbell	18	Hanna City, Il	4:20.1
7	Randy Jackson	18	Iowa City, Ia	4:17.57
8	Kevin Kenny	18	Overland Park, Ks	4:21.0
8	Tom White	17	Wichita, Ks	4:25.3
9	James Green	17	Houston, Tx	4:21.2
9	Bob Payne, Jr.	17	Mansfield, Tx	4:26.7
10	Bob Jackson	17	Northglenn, Co	4:24.6
10	Philip Peterson	17	Phoenix, Az	4:29.2
11	Richard Bishop	18	Cheyenne, Wv	4:23.0
12	Richard Lalonde	18	Spokane, Wa	4:24.5
12	Martin Osborne	17	Seattle, Wa	4:24.2
13	Kurt Dicus	17	Sparks, Ne	4:22.8
13	Glen Borland	18	Crescent City, Ca	4:29.0
16	Charles Brown, Jr.	17	Bristol, Tn	4:24.5
7	<i>St. Charles</i>	18	<i>St. Charles, Mo</i>	4:18

GIRLS ONE MILE RUN

Region	Name	Age	Home	Regional Score
J.O. Championship Record: Paula Rose, California 4:48.6 (1975)				
1	Lorna Orleman	18	Kenmore, NY	4:52.8
1	Nancy Frank	15	Valley Stream, NY	4:52.8
2	Aileen O'Connor	15	College Park, Md	5:03
2	Jill Haworth	18	Bowie, Md	5:12.0
3	Lynn Lashley	18	Raleigh, NC	4:58.6
3	Mary Shea	16	Raleigh, NC	5:00.44
4	Karen Alvey	17	Plantation, Fl	5:31.4
4	Michele Dunaway	16	Clearwater, Fl	5:30.0
5	Mary Ann Higa	17	Pearl City, HI	5:41.0
6	Lori Delap	18	Piper City, Il	5:05.9
6	Sandy Hoffman	15	Upper Arlington, Oh	5:05.01
7	Lori Bearson	15	Lanesboro, Mn	5:04.9
8	Janel LeValley	16	Manhattan, Ks	5:18.0
8	Louise Murphy	16	Geneseo, Ks	5:20.0
9	Jacqueline Smith	15	Houston, Tx	5:20.6
9	Pamela LeBlanc	15	New Orleans, La	5:15.9
10	Robin Castor	16	Denver, Co	5:13.6
10	Amy Laffoon	17	Lakewood, Co	5:15.9
12	Bonnie Tuller	17	Edmonds, Wa	5:15.9
13	Stacey Kearns	16	Yuba City, Ca	5:27.3
13	Carol Czarnetzki	15	Fountain Valley, Ca	5:13.6
16	Glenda Valley	14	Memphis, Tn	5:13.6
16	Tania Wells	14	Memphis, Tn	5:13.6
7	<i>wa. Houston</i>	17	<i>New Hope, Mo</i>	5:15.3

GIRLS 100 YARD DASH (Continued)

Region	Name	Age	Home	Regional Score
7	Jackie Washington	15	Omaha, NB	11.4
8	Lori Green	16	Topeka, Ks	11.0
8	Lawanda Waters	15	Kirkwood, Mo	11.1
9	Shelia La Bome	16	Houston, Tx	10.9
9	Deborah Edwards	16	Houston, Tx	11.1
10	Sharon Ackax	16	Denver, Co	11.4
10	Donita Thom's	16	Pocahontas, Id	11.5
11	Shelley Norton	16	Seeley Lake, Mn	10.7
12	Kelia Bolton	16	San Jose, Ca	10.7
13	Kim Rpbinson	17	Los Angeles, Ca	11.5
16	Sheryl Pernell	15	Memphis, Tn	11.5
16	Sandra Parks	17	Memphis, Tn	11.5

GIRLS SHOT PUT

Region	Name	Age	Home	Regional Score
J.O. Championship Record: Pamela Porter, Sioux Falls, S.D. 47'21/2"				
1975 Champion: Pamela Porter, Sioux Falls, S.D. 47'21/2"				
1	Carol McCauley	18	Plainfield, N J	40'7"
1	Jill Pingree	17	Temp're, Me	40'8"
2	Debra Och	16	Pittsburgh, Pa	41'11"
2	Wendy Whitley	15	Levittown, Pa	39'9 1/2"
3	Jozette Lawrence	15	Tarawa Terrace, NC	37'3 1/2"
3	Leatrice Parmley	16	Newport, NC	38'2 3/4"
4	Sharon Lotmore	16	North Miami, Fla	39'2 1/2"
4	Jessie Madgett	16	Orlando, Fl	37'11 1/2"
6	Darla Edwards	18	Leopold, Tn	40'5"
6	Tracey Tripp	18	Dayton, Oh	42'3"
7	Cheryl Voight	17	Portage, Wi	38'8 1/2"
7	Jeanne Boller	18	Dorchester, Mn	41'9"
7	Janice Stucky	16	Burton, Ks	44' 1/2"
8	Cindy Kiser	18	Branson, Mo.	43'2"
8	Pearly Bolter	17	Clarendon, Tx	42'5"
9	Donna Albers	17	Portland, Tx	42'6"
10	Judith Anderson	18	El Paso, Tx	40'10"
10	Kelly Curran	17	Broomfield Co	46'4 1/2"
11	Barbara Zarak	17	South Heart, ND	34'6"
11	Barbara Hanson	16	Onida, SD	38'6"
11	Lisa Smith	17	Raymond, Wa	40'3 1/2"
12	Carvedia Bruce	17	Tacoma, Wa	39'10"
13	Karen Stampfli	16	Susanville, Ca	42'4"
13	Joy Burgan	16	Jamestown, Ca	40'4"
15	Susan Thornton	18	Brentwood, Tn	41' 1/2"
15	Lagenia Carter	18	Russellville, Al	38'1"

TRACK AND FIELD

BOYS 100 YARD DASH

Region	Name	Age	Home	Regional Score
J.O. Championship Record: Harold Williams, New Jersey 09.5 (1970,71)				
1975 Champion: Chris Richards, Michigan 09.69				
1	Robert Frechette	18	Leominster, Ma	10.1
1	Earl McNeil	16	Brooklyn, NY	9.5
1	Kenneth Foster	18	Richmond, Va	9.8
2	Keith Brown	17	Baltimore, Md	9.4
2	William Breeding, Jr.	18	Greensboro, Ga	9.7
3	Charlie Womack	18	North Miami, Fl	9.9
4	Robert Bates	15	Jacksonville, Fl	9.9
5	Keith Kakugawa	16	Pearl City, HI	10.6
6	Stanley Young	16	Detroit, Mi	9.7
7	Steven Makie	17	Bloomington, Mi	10.1
7	Randy Brooks	17	Omaha, Ne	10.1
8	Barry Brown	17	Little Rock, Ar	10.0
8	Daniel Fortune	17	Overland, Mo	10.0
9	Calvin Raleys	18	Houston, Tx	9.6
9	Llewellyn Howard	18	New Orleans, La	9.9
9	Lamont King	16	Surprise, Az	9.7
10	Lanoris Marshall	15	Surprise, Az	9.8
10	Ron Schneider	18	Bebanon, SD	10.1
11	Scot Ferda	18	Great Falls, Mt	10.2
11	Chuck O. Casin-Cross	18	Portland Or	10.1
12	Bruce McDowell	17	Spokane, Wa	10.0
13	Holden Smith	18	Los Gatos, Ca	9.6
13	Bobby Rhoden	17	Compton, Ca	9.9
16	Ervin Smith	17	Memphis, Tn	9.9

GIRLS 100 YARD DASH

Region	Name	Age	Home	Regional Score
J.O. Championship Record: Pamela Riggs, Washington 10.8 (1972)				
Jane Oas, Minnesota 10.8 (1972)				
1975 Champion: Freda Hancock, Colorado 10.89				
1	Patricia Knighton	18	Hartford, Ct	11.3
1	Rene Rochester	16	Brockton, Ma	11.2
2	Deborah Lewis	14	Avondale, Pa	10.8
3	Stephanie Amey	17	Chamblee, Ga	11.2
3	Brenda Fuller	18	Spartenburg, S C	11.0
4	Ernestine Davis	18	Tampa, Fl	11.0
4	Cornelia Jackson	15	Miami, Fl	10.9
6	Lisa Glenn	17	Detroit, Mi	10.8
6	Lynn Maxwell	16	Paducah, Ky	10.8
7	Jane Dwyer	17	Madison, Wi	11.2

TRACK AND FIELD

BOYS DISCUS

Region	Name	Age	Home	Regional Score
1975 Champion: Not contested				
1	Andrew E. Bolster	18	Duxbury, Ma	148-10
1	Gary Williky	17	Old Bridge, NJ	170-3
2	Larry Rosen	17	Silver Springs, Md	161-11
2	David Crimmins	17	Seaford, De	170-7
3	Steven Boecler	18	Atlanta, Ga	161-8 1/2
3	Michael Van Winkle	17	Commerce, Ga	148-10
4	Robert Fennon	18	Homestead, Fl	152-8
4	Stan Simmons	18	Hialeah, Fl	91-1
5	Kent Kakugawa	15	Pearl City, HI	163-8
6	Frank Lutz III	16	Evansville, In	168-6 1/2
7	Scott Crowell	16	Mason City, Ia	154-6
7	Brian Promersberger	18	Oak Creek, Wi	165-4 1/2
8	Jim Favrow	17	Manhattan, Ks	149-4
9	Ralph Butler	16	Baton Rouge, La	156-7 1/2
10	Joseph Custis	17	Tucson, Ar	147-3
10	Todd Paddock	18	Billings, Mt	152-2
12	Robert Campbell	16	Orofino, Id	174-5
13	Gregory Tafrales	17	Millbrae, Ca	194-4 3/4
13	Scott Endler	17	Fresno, Ca	150-0
16	Ricky Golden	17	Memphis, Tn	156-0
16	Frank Warren	17	Birmingham, Al	156-0

BOYS HIGH JUMP

Region	Name	Age	Home	Regional Score
J.O. Championship Record: Tim Walker, Rhode Island 6-11 (1973)				
1975 Champion: Steve Morgan, Montana 6-8				
1	Gregory Thompson	16	West Hempstead, NY	6-4
2	Michael White	18	Philadelphia, Pa	6-4
2	Michael Cornish	18	Baltimore, Md	6-4
3	James Coleman	18	Fayetteville, NC	6-6
3	William Mullinax, Jr.	15	Cary, NC	6-8
3	John Gratton	18	Miami, Fl	6-5
4	Ricky Sullivan	18	Lakeland, Fl	6-6
4	Jeff Woodard	18	New Albany, In	6-8
6	Gail Olson	16	Cortland, Il	6-10
6	Larry Meyer	17	Fremont, Mn	6-8
7	Jeff Nannen	17	Syracuse, Mn	6-8 1/2
8	Larry Curran	18	Washington, Mo	6-8 1/2
8	Jim Leek	18	Baldwin City, Ks	6-6
8	Fred Mitchell	17	Dallas, Tx	6-6
9	Jody Royer	17	Iowa, Ia	6-4
10	Lester Ordway	17	Phoenix, Az	6-4
10	Lee Wagner	17	Colorado, Co	6-4

BOYS ONE MILE RUN (Continued)

Region	Name	Age	Home	Regional Score
6	Mark Helgeson	18	Cincinnati, Oh	4:21.9
6	John Isbell	18	Hanna City, Il	4:20.1
7	Randy Jackson	18	Iowa City, Ia	4:17.57
8	Kevin Kenny	18	Overland Park, Ks	4:21.0
8	Tom White	17	Whitita, Ks	4:25.3
9	James Green	17	Houston, Tx	4:21.2
9	Bob Payne, Jr.	17	Mansfield, Tx	4:26.7
10	Bob Jackson	17	Northglenn, Co	4:24.6
10	Philip Peterson	17	Phoenix, Az	4:29.2
11	Richard Bishop	18	Cheyenne, Wv	4:23.0
12	Richard LaLonde	18	Spokane, Wa	4:24.5
12	Martin Osborne	17	Seattle, Wa	4:24.2
13	Kurt Dicus	17	Sparks, Ne	4:22.8
13	Glen Borland	18	Crescent City, Ca	
16	Charles Brown, Jr.	17	Bristol, Tn	4:29.0
7	<i>Charles Brown, Jr.</i>	18	<i>Bristol, Tn</i>	<i>4:17</i>

GIRLS ONE MILE RUN

J.O. Championship Record: Paula Rose, California 4:48.6 (1975)

Region	Name	Age	Home	Regional Score
1	Lorna Orleman	18	Kenmore, NY	4:52.8
1	Nancy Frank	15	Valley Stream, NY	4:52.8
2	Aileen O'Connor	15	College Park, Md	5:03
2	Jill Haworth	15	Bowie, Md	5:12.0
3	Lynn Lashley	18	Raleigh, NC	4:58.6
3	Mary Shea	16	Raleigh, NC	5:00.44
4	Karen Alvey	17	Plantation, Fl	5:31.4
4	Michele Dunaway	16	Clearwater, Fl	5:30.0
5	Mary Ann Higa	17	Pearl City, HI	5:41.0
6	Lori Delap	18	Piper City, Il	5:05.9
6	Sandy Hoffman	15	Upper Arlington, Oh	5:05.01
7	Lori Bearson	15	Lanesboro, Mn	5:04.9
8	Janel LeValley	16	Manhattan, Ks	
8	Louise Murphy	16	Geneseo, Ks	5:18.0
9	Jacqueline Smith	15	Houston, Tx	5:20.0
9	Pamela LeBlanc	15	New Orleans, La	5:20.6
10	Robin Castor	16	Denver, Co	5:15.9
10	Amy Laffoon	17	Lakewood, Co	5:13.6
12	Bonnie Tuller	17	Edmonds, Wa	5:15.9
13	Stacey Kearns	16	Yuba City, Ca	
13	Carol Czarnetzki	15	Fountain Valley, Ca	
16	Glenda Valley	17	Memphis, Tn	5:27.3
16	Tania Wells	14	Memphis, Tn	5:13.6
7	<i>Tania Wells</i>	17	<i>Memphis, Tn</i>	<i>5:05.33</i>

TRACK AND FIELD

BOYS 100 YARD DASH

J.O. Championship Record: Harold Williams, New Jersey 09.5 (1970,71)
1975 Champion: Chris Richards, Michigan 09.69

Region	Name	Age	Home	Regional Score
1	Robert Frechette	18	Leominster, Ma	10.1
1	Earl McNeil	16	Brooklyn, NY	9.5
2	Kenneth Foster	18	Richmond, Va	9.8
2	Keith Brown	17	Baltimore, Md	9.4
3	William Breeding, Jr.	18	Greensboro, Ga	9.7
4	Charlie Womack	18	North Miami, Fl	9.9
4	Robert Bates	15	Jacksonville, Fl	9.9
5	Keith Kakugawa	16	Pearl City, HI	10.6
6	Stanley Young	16	Detroit, Mi	9.7
7	Steven Makie	17	Bloomington, Mi	10.1
7	Randy Brooks	17	Omaha, Ne	10.1
8	Barry Brown	17	Little Rock, Ar	10.0
8	Daniel Fortune	17	Overland, Mo	10.0
9	Calvin Raleys	18	Houston, Tx	9.6
9	Llewellyn Howard	18	New Orleans, La	9.9
10	Lamont King	16	Surprise, Az	9.7
10	Lanoris Marshall	15	Surprise, Az	9.8
11	Ron Schneider	18	Bebanon, SD	10.1
11	Scot Ferda	18	Great Falls, Mt	10.2
12	Chuck O. Casin-Cross	18	Portland Or	10.1
12	Bruce McDowell	17	Spokane, Wa	10.0
13	Holden Smith	18	Los Gatos, Ca	9.6
13	Bobby Rhoden	17	Compton, Ca	9.9
16	Ervin Smith	17	Memphis, Tn	

GIRLS 100 YARD DASH

J.O. Championship Record: Pamela Riggs, Washington 10.8 (1972)
1975 Champion: Freda Hancock, Colorado 10.89

Region	Name	Age	Home	Regional Score
1	Patricia Knighton	18	Hartford, Ct	11.3
1	Rene Rochester	16	Brockton, Ma	11.2
2	Deborah Lewis	14	Avondale, Pa	10.8
3	Stephanie Amey	17	Chamblee, Ga	11.2
3	Brenda Fuller	18	Spartanburg, S C	11.08
4	Ernestine Davis	18	Tampa, Fl	11.0
4	Cornelia Jackson	15	Miami, Fl	10.9
6	Lisa Glenn	17	Detroit, Mi	10.8
6	Lynn Maxwell	16	Paducah, Ky	10.8
7	Jane Dwyer	17	Madison, Wi	11.2

TRACK AND FIELD

BOYS DISCUS

1975 Champion: Not contested

Region	Name	Age	Home	Regional Score
1	Andrew E. Bolster	18	Duxbury, Ma	148-10
1	Gary Williky	17	Old Bridge, NJ	170-3
2	Larry Rosen	17	Silver Springs, Md	161-11
2	David Crimmins	17	Seaford, De	170-7
3	Steven Boecler	18	Atlanta, Ga	161-8 1/2
3	Michael Van Winkle	17	Commerce, Ga	148-10
4	Robert Fannon	18	Homestead, Fl	152-8
4	Stan Simmons	18	Hialeah, Fl	152-8
5	Kent Kakugawa	15	Pearl City, HI	91-1
6	Frank Lutz III	16	Evansville, In	163-8
7	Scott Crowell	16	Mason City, Ia	168-6 1/2
7	Brian Promersberger	18	Oak Creek, Wi	154-6
8	Jim Favrow	17	Manhattan, Ks	165-4 1/2
9	Ralph Butler	16	Baton Rouge, La	149-4
10	Joseph Custis	17	Tucson, Ar	156-7 1/2
10	Todd Paddock	18	Billings, Mt	147-3
12	Robert Campbell	16	Orofino, Id	152-2
13	Gregory Tafrales	17	Millbrae, Ca	174-5
13	Scott Endler	17	Fresno, Ca	194-4 3/4
16	Ricky Golden	17	Memphis, Tn	150-0
16	Frank Warren	17	Birmingham, Al	156-0

BOYS HIGH JUMP

J.O. Championship Record: Tim Walker, Rhode Island 6-11 (1973)
1975 Champion: Steve Morgan, Montana 6-8

Region	Name	Age	Home	Regional Score
1	Gregory Thompson	16	West Hempstead, NY	6-4
2	Michael White	18	Philadelphia, Pa	6-4
2	Michael Cornish	18	Baltimore, Md	6-4
3	James Coleman	18	Fayetteville, NC	6-6
3	William Mullinax, Jr.	15	Cary, NC	6-8
4	John Gratton	18	Miami, Fl	6-5
4	Ricky Sullivan	18	Lakeland, Fl	6-6
6	Jeff Woodard	18	New Albany, In	6-8
6	Gail Olson	16	Cortland, Il	6-10
7	Larry Meyer	17	Fremont, Mn	6-10
7	Jeff Nannen	17	Syracuse, Wv	6-8
8	Larry Curran	18	Washington, Mo	6-8 1/2
8	Jim Leek	18	Baldwin City, Ks	
9	Fred Mitchell	17	Dallas, Tx	6-6
9	Jody Royer	17	Iowa, Ia	6-6
10	Lester Ordway	17	Phoenix, Az	6-4
10	Lee Wagner	17	Colorado, Co	6-4

TRACK AND FIELD

BOYS HIGH JUMP (Continued)

Region	Name	Age	Home	Regional Score
11	Bob Tobin	17	Great Falls, Mt	6-2
11	Joe Valacich	17	Great Falls, Mt	6-4
12	Dave Menashe	17	Mercer Island, Wa	6-4
12	Lucian Moore	18	Tacoma, Wn	6-6
13	Billy Hice	17	Oakland, Ca	6-6
13	Thurlis Gibbs	18	San Jose, Ca	6-6
16	Jeff McGinnis	18	Kingsport, Tn	6-2
16	Randy Singleton	17	Nashville, Tn	6-4

GIRLS LONG JUMP

J.O. Championship Record: Moranda Lacy, Kansas 19-6 (1970)
1975 Champion: Ulinda Capers, Washington 19-3/4

Region	Name	Age	Home	Regional Score
1	Julie Kennedy	17	Williamsville, NY	17-7 1/2
1	Patrocoa Knighton	18	Hartford, Cn	17-7 1/2
2	Laurita Harris	17	Richmond, Va	18-2
2	Laura LeMire	17	Towson, Md	18-4 3/4
3	Cheryl Williams	17	Macon, Ga	16-10
3	Robyn Denise King	16	Decatur, Ga	17-7 1/2
4	Sharon Billie	16	Ft. Lauderdale, Fl	18-6
4	Lula Jacobs	17	Clearwater, Fl	18-2 1/2
6	Maxine Graham	17	Flemingsburg, Ky	18-7 1/2
6	Debi Kilhoffer	16	Buffalo, Il	17-11 1/2
7	Joni Clark	18	LeClair, Ia	18-2
7	Sondra Obermeier	17	Aurora, Mn	18-6
8	Cindy Bernard	18	Salina, Ks	18-6
8	Sandra Myers	15	Windom, Ks	19-1
9	Dorothy Hicks	15	Woodville, Ms	18- 3/4
9	Joan Bennett	17	San Antonio, Tx	18-4
10	Margy Gaddy	15	El Paso, Tx	16-9 3/4
11	Nancy Lee Malloy	18	Dickinson, ND	18-9
11	Joan Mueller	17	Freeman, SD	16-11 1/2
12	Linda Capers	17	Seattle, Wa	18-2
12	Patsy Walker	17	Yelm, Wa	17-4 1/2
13	Lisa Gourdine	17	El Toro, Ca	20-3
16	Kristin Terpening	17	Montgomery, Al	17-0
16	Judy Pollion	16	Memphis, Tn	16-10

TRACK AND FIELD

BOYS 880 YARD RUN (Continued)

Region	Name	Age	Home	Regional Score
13	Pat Alberti	18	Reno, Ne	2:01.3
13	Nick Ciaccio	18	LaMesa, Ca	2:01.7
16	Theodis Abston	18	Mobile, Al	1:55.8
16	Charles Brown, Jr.	17	Bristol, Tn	1:58.0

GIRLS 880 YARD RUN

J.O. Championship Record: Robin Blaine, Brooklyn, NY 2:09.24 (1975)

Region	Name	Age	Home	Regional Score
1	Mary Lee Damutz	15	Hightstown, NJ	2:16.8
1	Patricia Douglas	18	Providence, RI	2:16.5
2	Donna Gardner	18	Yardley, Pa	2:16.7
2	Jill Haworth	15	Bowie, Md	2:15.8
3	Cheryl Mitchum	16	Mt. Pleasant, SC	2:22.32
4	Genetta Brown	16	Opa Locka, Fl	2:27.0
4	Cindy McAbee	17	Maihand, Fl	2:31.3
6	Rochelle Collins	16	Detroit, Mi	2:14.4
6	Tami Essington	17	Washington, Il	2:13.4
7	Ellen Brewster	17	Madison, Wi	2:13.74
8	Mandy Renner	15	Springfield, Mo	2:17.9
8	Cindy Worcester	18	Hill City, Ks	2:12.2
9	Kathy Vetter	14	Garland, Tx	2:12.4
9	Jeri Russell	16	Garland, Tx	2:16.9
10	Brenda Falash	16	Twin Falls, Id	2:19.1
10	Lynn Brasher	16	Aurora, Co	2:19.0
11	Kay Stormo	16	Hayti, SD	2:21.9
12	Brenda Pickering	15	East Wnatchee, Wa	2:24.2
12	Deanna Coleman	14	Issaquah, Wa	2:10.4
13	Roma Antoniewicz	16	Santa Monica, Cal	2:10.6
13	Tina Barnes	18	San Diego, Ca	2:26.4
7	Glenda Valley	18	Memphis, Tn	2:19.6
16	Dana Glidden	17	Edind, Mn	2:16.2

BOYS 440 YARD DASH

J.O. Championship Record: Antone Blair, Alliance, Oh 47.0 (1975)

Region	Name	Age	Home	Regional Score
1	Robert Grossman	17	Maplewood, NJ	51.0
1	Richard Barnes	16	Queens, NY	50.3
2	Keith Brown	17	Baltimore, Md	48.4
2	Darryl Bryant	15	Philadelphia, Pa	50.0
3	Lester Mickens	17	Decatur, Ga	48.1
4	James Austin	16	Bartow, Fl	51.7
4	Walter McCoy	18	Daytona Beach, Fl	49.9
5	Roderick Williams	17	Hawaii	
6	Thomas O'Conner	18	Hennepin, Il	50.8
6	Kim Perkins	18	Toledo, Oh	50.0

TRACK AND FIELD

BOYS POLE VAULT

Region	Name	Age	Home	Regional Score
1	John Dwyer	17	Manlius, NY	13-6
1	Craig Lindell	18	Delmar, NY	14-4
2	Neil Freeman	17	Waynesboro, Va	13-6
2	Steve Kelly	17	Richmond, Va	13-6
3	Tracy Lyons	18	Charlotte, NC	14-1
3	Mike Sullivan	17	Winder, Ga	14-1
4	Brian Friend	18	Kathleen, Fl	14-6
4	Al Stanley	18	Casselberry, Fl	14-0
6	Joseph Hudock	18	Jarvis, In	13-6
6	James Stewart	17	Ft. Wayne, In	15-0
7	David Rogers	18	Oakdale, Mn	13-6
7	Randy Raymond	17	Fremont, Ne	13-6
8	Jeff Buckingham	16	Gardner, Ks	14-0
8	Tom Carlson	18	Morganville, Ks	14-0
9	Gary Lankford	18	Taylor, Tx	15-3
9	Bill Dyer	17	Baton Rouge, La	13-6
10	Dennis Fuller	17	Sterling, Co	14-6
11	Beau Freund	17	Helena, Mt	12-9
11	Bob Biskupiak	18	Helena, Mt	13-1
12	Gary White	16	Kent, Wa	
12	Ron Richardson	18	Moses Lake, Wa	13-9
13	Don Beede	17	Pleasant Hill, Ca	13- 1/2
13	Jerry Mulligan	18	Chico, Ca	13-0
16	Eddie Monroe	15	Chattanooga, Tn	12-6
16	Barry Etter	17	Memphis, Tn	

BOYS 880 YARD RUN

J.O. Championship Record: Dyrk Dahl, Colorado 1:52.06

Region	Name	Age	Home	Regional Score
1	Lawrence Kirk	17	Baldwinsville, NY	1:56.1
1	John Tuttle	18	Alfred Station, NY	1:55.3
2	William Contee	17	Washington, DC	1:56.5
3	Eddie Hodges	17	Statesboro, Ga	1:54.5
3	Burney Freeman	17	Macon, Ga	1:55.7
4	Anthony Bradley	16	Orlando, Fl	2:05.0
4	Mike Symonds	18	Orlando, Fl	1:59.1
6	James Smith	17	Dayton, Oh	1:53.3
6	David Ayoub	17	Peoria, Il	

TRACK AND FIELD

BOYS TWO MILE RUN

J.O. Championship Record: None
1975 Champion:

Region	Name	Age	Home	Regional Score
1	David O'Conner	17	Walden, NY	9:38.0
1	Thomas Dalton	18	Syracuse, NY	9:39.0
2	Robert Laughlin	18	Altoona, Pa	9:47.0
2	Rick Samaba	18	Camp Springs, Md	9:42.0
3	Craig Lynn	17	Dunwoody, Ga.	9:49.9
4	Joe Weston	17	Plantation, Fl	9:31.0
4	Herb Wills	16	Tallahassee, Fl	9:34.2
6	David Bensema	17	Oaklawn, Il	9:31.0
6	Richard Oldrieve	17	Bay Villale, Oh.	9:43.3
7	Randy Jackson	18	Iowa City, Ia	9:23.7
8	Kevin Houghton	18	Ellis, Ka	
9	Brian Distefano	15	Houston, Tx	
9	James Hanratty	18	Houston, Tx	9:44.6
10	Bob Jackson	17	Northglenn, Co	9:47.0
10	Tim Tays	16	Albuquerque, NM.	10:41.0
11	Curtis Fiedler	18	Glenham, SD.	9:46.0
11	Richard Bishop	18	Cheyenne, Wv.	9:35.6
12	Richard McCann	18	Seattle, Wa.	9:33.4
12	Seth Brown	17	Spokand, Wa.	9:45.3
13	Steve Alvarez	16	Thermal, Ca.	9:26.3
13	Kurt Dlaus	17	Sparks, Ne	10:22.0
16	Eddie Hively	17	Manchester, Tn.	

GIRLS TWO MILE RUN

J.O. Championship Record:
1975 Champion

Region	Name	Age	Home	Regional Score
1	Nina Zollo	16	Wayne, NJ	11:28.0
1	Catherine Shrader	18	Middleburgh, NY	11:21.0
2	Aileen O'Conner	15	College Park, Md	10:51.0
2	Nancy Radford	17	Roanoke, Va	11:25.5
3	Tara Myler	15	Atlanta, Ga	12:09.0
3	Mary Shea	16	Raleigh, NC	10:51.0
3	Kathy Moore	18	Miami, Fl	11:29.9
4	Betty Springs	15	Bradenton, Fl	11:12.5
4	Lora Cartwright	15	Muncie, In	10:44.0
6	Beth Sheridan	17	Poland, Oh	11:26.0
6	Shelia Eipperle	16	Bennington, Mn	11:33.8
7	Gina Hungerford	16	Omaha, Mn	11:33.7

TRACK AND FIELD

BOYS ONE MILE RACE WALK

J.O. Championship record: Steve Hermans, Kansas 6:57.8 (1973)
1975 Champion: Tim Votapka, Stockton, Kansas 7:16.75

Region	Name	Age	Home	Regional Score
1	Roger Young	16	Eastport, Me	7:42.0
2	Earl Alcott	16	Hatfield, Pa	7:54.0
2	Roger Froats	17	Burgettstown, Pa.	7:37.2
3	Gregory Clark	17	Windsor, NC	
3	Paul Doverspike	18	Atlanta, Ga	7:42.6
4	David Gordon	17	Port Charlotte, Fl	8:27.1
4	D. Joseph Sherman	18	Clearwater, Fl	7:43.0
6	Gary Morgan	16	Pontiac, Mi	8:06.0
6	Sam Mohler	16	Miamisburg, Oh	7:54.9
7	Jeff-Ellis	17	New Berlin, Wi	7:49.0
8	Paul House	18	Stark City, Mo	
8	Robert Moser	18	Tribune, Ks	7:44.5
9	Douglas Womac	17	Metairie, La	8:46.5
9	Laylis Leonard	16	Angleton, Tx	8:42.0
10	Bob Alberts	17	Keenesburg, Co	7:47
10	Shaud Mulligan	16	Lakewood, Co	8:01.0
11	Beau Freund	17	Helena, Mt	7:39.9
12	Greg Hack	15	Spokane, Wa	7:29.6
12	Walt Rainey	16	Corvallis, Or.	7:35.0
16	Brett Blair	14	Memphis, Tn	9:06.1

BOYS 220 YARD DASH

J.O. Championship Record: None
1975 Champion:

Region	Name	Age	Home	Regional Score
1	Steven Skinner	17	New York, NY	21.7
1	Earl McNeil	16	Brooklyn, NY	21.5
2	James Friday	16	Columbia, Md	
2	Keith Brown	17	Baltimore, Md	21.7
3	William Breeding, Jr.	18	Greensboro, Ga.	22.1
4	Walter McCoy	18	Daytona Beach, Fl	22.0
4	Ronald Nelson	18	Rockledge, Fl	22.1
5	Keith Kakugawa	16	Pearl City, Hi	23.9
6	Mark Brown	18	Dayton, Oh	21.8
6	Steven Safranski	18	Mark, Il	21.9
7	Steven Makie	17	Bloomington, Mn	22.4
7	Mike Sales	17	Lincoln, Nb	22.9
8	Greg Carpenter	16	Kansas City, Mo	22.5

TRACK AND FIELD

GIRLS TWO MILE RUN (Continued)

Region	Name	Age	Home	Regional Score
8	Linda Brown	18	Creve Coure, Mo	12:06.0
8	Mary Ellen Kunkel	17	St. Louis, Mo.	11:43.3
9	Cynthia Yearby	16	Clarks, La	11:47.4
9	Carol Quartano	15	Baton Rouge, La	
10	Gretchen Stermitz	17	Fort Collins, Co	13:21
10	Kelly Bishop	15	Littleton, Co	14:36.0
11	Kelly Ritter	16	Great Falls, Mt	12:04.1
12	Irene Griffith	16	Port Townsend, Wa	10:59.6
12	Janet Lovelace	16	Albany, Or	11:22.7
13	Chris Troffer	18	La Crescenta, Ca	11:39.0
15	Phyllis Hines	15	Tulahoma, Tn	11:16.0
15	Tania Wells	14	Memphis, Tn	11:07

GIRLS ONE MILE RACE WALK

J.O. Championship Record:
1975 Champion:

Region	Name	Age	Home	Regional Score
1	Karn Sheets	18	Groton, Ct	9:21.0
1	Patricia Collins	16	Brockton, Ma	8:57.2
2	Barbara Burd	17	Burgettstown, Pa	8:57.1
2	Kathe Dvorsak	15	Burgettstown, Pa	9:45.3
3	Jan Tiede	15	Camp Lejeune, NC	10:14.8
3	Valerie Armstrong	14	Jacksonville, NC	10:02.0
4	Paula Myers	17	Orlando, Fl	8:26.7
6	Tricia Moore	16	Westerville, Oh	9:28.1
6	Paula Poda	15	Palos Hills, Il	9:08.0
7	Ericka Dahlstrom	16	Martinsburg, Ia	9:12
7	Sherri Pirie	17	Appleton, Wi.	8:56.7
8	Debbie Shilling	16	Diamond, Mo	8:56.0
8	Linda Ontko	17	Belleville, Il	10:03
9	Lula Leonard	15	Angleton, Tx	8:48.8
10	Paula Schurwonn	14	Lakewood, Co.	
11	Mary Ward	15	Big Fork, Mt	8:55.0
12	Julie Partridge	16	Moscow, Id	12:12.8
16	Lisa Armentrout	17	Jonesboro, Tn	12:07
16	Catherine Daniels	16	Memphis, Tn	

TRACK AND FIELD

BOYS 220 YARD DASH (Continued)

Region	Name	Age	Home	Regional Score
8	Steve Hammond	17	Junction City, Ks	22.4
9	Clarence Carter	17	Baton Rouge, La	22.0
9	James Fisher	18	Gatesville, Tx	22.1
10	LaNoris Marshall	15	Surprise, Az	22.1
11	Ron Schneider	18	Lebanon, SD	22.3
12	Bruce McDowell	17	Spokane, Wa	22.1
13	Craig Brown	17	Los Angeles, Ca	22.1
13	David Johnson	17	Oakland, Ca	

GIRLS 220 YARD DASH

J.O. Championship Record: Kathy Quiney, Mass., 23.9 (1971)
1975 Champion: Freda Hancock, Pueblo, Colo., 24.18

Region	Name	Age	Home	Regional Score
1	Cynthia Mersier	17	Maplewood, NJ	25.5
1	Betty Selman	16	Lexington, Ma	26.0
2	Regina White	18	Avondale, Pa	25.1
2	Rhonda Yancy	15	Philadelphia, Pa	25.0
3	Catherine Jennette	18	Durham, NC	25.4
3	Brenda Fuller	18	Spartanburg, SC	25.2
4	Delvis Burroughs	15	Fort Lauderdale, Fl	24.7
4	Ernestine Davis	18	Tampa, Fl	24.0
6	Cheryl Gilliam	17	Detroit, Mi	24.6
6	Karen Kulovitz	16	Cicero, Il	24.9
7	Jane Dwyer	17	Madison, Wi	25.3
7	Christy Vitse	17	Rochester, Mn	24.7
8	Lori Green	16	Topeka, Ks	25.1
8	Jennie Gorham	15	Kansas City, Mo	25.4
9	Cora Sherman	15	Woodville, M	25.5
9	Sheila LaBone	16	Houston Tx	25.4
10	Sharon Ackax	16	Denver, Co	25.7
10	Shelia Polk	16	Denver, Co	25.6
11	Judith Wildey	16	Hamilton, Mt.	
11	Tracy Beaver	17	Great Falls, Mt	25.0
13	Keilina Bolton	16	San Jose, Ca	24.9
13	Kim Robinson	17	Los Angeles, Ca	25.0
16	Sheryl Bernell	15	Memphis, Tn	25.0
16	Wanda Hooker	16	Memphis, Tn	25.0

TRACK AND FIELD

BOYS TWO MILE RUN
J.O.Championship Record: None
1975 Champion:

Region	Name	Age	Home	Regional Score
1	David O'Conner	17	Walden, NY	9:38.0
1	Thomas Dalton	18	Syracuse, NY	9:39.0
2	Robert Laughlin	18	Altoona, Pa	9:47.0
2	Rick Samaba	18	Camp Springs, Md	9:42.0
3	Craig Lynn	17	Dumwedy, Ga	9:49.9
4	Joe Weston	17	Plantation, Fl	9:31.0
4	Herb Wills	16	Tallahassee, Fl	9:34.2
6	David Benesma	17	Oaklawn, Il	9:31.0
6	Richard Oldrieve	17	Bay Villale, Oh.	9:43.3
7	Randy Jackson	18	Iowa City, Ia	9:23.7
8	Kevin Houghton	18	Ellis, Ka	
9	Brian Distefano	15	Houston, Tx	
9	James Hanratty	18	Houston, Tx	
10	Bob Jackson	17	Northglenn, Co	9:44.6
10	Tim Tays	16	Albuquerque, NM.	9:47.0
11	Curtis Fiedler	18	Glenham, SD.	10:41.0
11	Richard Bishop	18	Cheyenne, Wv	9:46.0
12	Richard McCann	18	Seattle, Wa	9:35.6
12	Seth Brown	17	Spokane, Wa.	9:33.4
13	Steve Alvarez	16	Thermal, Ca.	9:45.3
13	Kurt Diaus	17	Sparks, Ne	9:26.3
16	Eddie Hively	17	Manchester, Tn	10:22.0

GIRLS TWO MILE RUN
J.O.Championship Record:
1975 Champion

Region	Name	Age	Home	Regional Score
1	Nina Zollo	16	Wayne, NJ	11:28.0
1	Catherine Shrader	18	Middleburgh, NY	11:21.0
2	Aileen O'Conner	15	College Park, Md	10:51.0
2	Nancy Radford	17	Roanoke, Va	11:25.5
3	Tara Myler	15	Atlanta, Ga	12:09.0
3	Mary Shea	16	Raleigh, NC	10:51.0
4	Kathy Moore	18	Miami, Fl	11:29.9
4	Betty Springs	15	Bradenton, Fl	11:12.5
6	Lora Cartwright	15	Muncie, In	10:44.0
6	Beth Sheridan	17	Poland, Oh	11:26.0
7	Shelia Eipperle	16	Bennington, Mn	11:33.8
7	Gina Hungerford	16	Omaha, Mn	11:33.7

TRACK AND FIELD

BOYS ONE MILE RACE WALK
J.O. Championship record: Steve Hermans, Kansas 6:57.8 (1973)
1975 Champion: Tim Votapka, Stockton, Kansas 7:16.75

Region	Name	Age	Home	Regional Score
1	Roger Young	16	Eastport, Me	7:42.0
2	Earl Alcott	16	Hatfield, Pa	7:54.0
2	Roger Froats	17	Burgettstown, Pa.	7:37.2
3	Gregory Clark	17	Windsor, NC	
3	Paul Doverspike	18	Atlanta, Ga	7:42.6
4	David Gordon	17	Port Charlotte, Fl	8:27.1
4	D. Joseph Sherman	18	Clearwater, Fl	7:43.0
6	Gary Morgan	16	Pontiac, Mi	8:06.0
6	Sam Mohler	16	Miamisburg, Oh	7:54.9
7	Jeff-Ellis	17	New Berlin, Wi	7:49.0
8	Paul House	18	Stark City, Mo	
8	Robert Moser	18	Tribune, Ks	7:44.5
9	Douglas Womac	17	Metairie, La	8:46.5
9	Laylis Leonard	16	Angleton, Tx	8:42.0
10	Bob Alberts	17	Keenesburg, Co	7:47
10	Shaud Mulligan	16	Lakewood, Co	8:01.0
11	Beau Freund	17	Helena, Mt	7:39.9
12	Greg Hack	15	Spokane, Wa	7:29.6
12	Walt Rainey	16	Corvallis, Or.	7:35.0
16	Brett Blair	14	Memphis, Tn	9:06.1

BOYS 220 YARD DASH
J.O. Championship Record: None
1975 Champion:

Region	Name	Age	Home	Regional Score
1	Steven Skinner	17	New York, NY	21.7
1	Earl McNeil	16	Brooklyn, NY	21.5
2	James Friday	16	Columbia, Md	
2	Keith Brown	17	Baltimore, Md	21.7
3	William Breeding, Jr.	18	Greensboro, Ga.	22.1
4	Walter McCoy	18	Daytona Beach, Fl	22.0
4	Ronald Nelson	18	Rockledge, Fl	22.1
5	Keith Kakugawa	16	Pearl City, Hi	23.9
6	Mark Brown	18	Dayton, Oh	21.8
6	Steven Safranski	18	Mark, Il	21.9
7	Steven Makie	17	Bloomington, Mn	22.4
7	Mike Sales	17	Lincoln, Nd	22.9
8	Greg Carpenter	16	Kansas City, Mo	22.5

TRACK AND FIELD

GIRLS TWO MILE RUN (Continued)

Region	Name	Age	Home	Regional Score
8	Linda Brown	18	Creve Coure, Mo	12:06.0
8	Mary Ellen Kunkel	17	St. Louis, Mo.	11:43.3
9	Cynthia Yearby	16	Clarks, La	11:47.4
9	Carol Quartano	15	Baton Rouge, La	
10	Gretchen Stermitz	17	Fort Collins, Co	13:21
10	Kelly Bishop	15	Littleton, Co	14:36.0
11	Kelly Ricker	16	Great Falls, Mt	12:04.1
12	Irene Griffith	16	Port Townsend, Wa	10:59.6
12	Janet Lovelace	16	Albany, Or	11:22.7
13	Chris Troffer	18	La Crescenta, Ca	11:39.0
15	Phyllis Hines	15	Tullahoma, Tn	11:16.0
15	Tania Wells	14	Memphis, Tn	11:07

GIRLS ONE MILE RACE WALK
J.O.Championship Record:
1975 Champion:

Region	Name	Age	Home	Regional Score
1	Karn Sheets	18	Groton, Ct	9:21.0
1	Patricia Collins	16	Brockton, Ma	
2	Barbara Burd	17	Burgettstown, Pa	8:57.2
2	Kathe Dvorsak	15	Burgettstown, Pa	8:57.1
3	Jan Tiede	15	Camp Lejeune, NC	9:45.3
3	Valerie Armstrong	14	Jacksonville, NC	10:14.8
4	Paula Myers	17	Orlando, Fl	10:02.0
6	Tricia Moore	16	Westerville, Oh	8:26.7
6	Paula Poda	15	Palos Hills, Il	9:28.1
7	Ericka Dahlstrom	16	Martinsburg, Ia	9:08.0
7	Sherril Pirie	17	Appleton, Wi	9:12
8	Debbie Shilling	16	Diamond, Mo	8:56.7
8	Linda Ontko	17	Belleville, Il	8:56.0
9	Lula Leonard	15	Angleton, Tx	10:03
10	Paula Schurwonn	14	Lakewood, Co.	8:48.8
11	Mary Ward	15	Big Fork, Mt	
12	Julie Partridge	16	Moscow, Id	8:55.0
16	Lisa Armentrout	17	Jonesboro, Tn	12:12.8
16	Catherine Daniels	16	Memphis, Tn	12:07

BOYS 220 YARD DASH (Continued)

Region	Name	Age	Home	Regional Score
8	Steve Hammond	17	Junction City, Ks	
9	Clarence Carter	17	Baton Rouge, La	22.4
9	James Fisher	18	Gatesville, Tx	22.0
10	LaNoris Marshall	15	Surprise, Az	22.1
11	Ron Schneider	18	Lebanon, SD	22.1
12	Bruce McDowell	17	Spokane, Wa	22.3
13	Craig Brown	17	Los Angeles, Ca	22.1
13	David Johnson	17	Oakland, Ca	22.1

GIRLS 220 YARD DASH
J.O.Championship Record: Kathy Quiney, Mass., 23.9 (1971)
1975 Champion: Freda Hancock, Pueblo, Colo., 24.18

Region	Name	Age	Home	Regional Score
1	Cynthia Mersier	17	Maplewood, NJ	25.5
1	Betty Selman	16	Lexington, Ma	26.0
2	Regina White	18	Avondale, Pa	25.1
2	Rhonda Yancy	15	Philadelphia, Pa	25.0
3	Catherine Jennette	18	Durham, NC	25.4
3	Brenda Fuller	18	Spartanburg, SC	25.49
4	Delvis Burroughs	15	Fort Lauderdale, Fl	25.2
4	Ernestine Davis	18	Tampa, Fl	24.7
6	Cheryl Gilliam	17	Detroit, Mi	24.0
6	Karen Kulovitz	16	Cicero, Il	24.6
7	Jane Dwyer	17	Madison, Wi	24.9
7	Christy Vitse	17	Rochester, Mn	25.3
8	Lori Green	16	Topeka, Ks	24.7
8	Jennie Gorham	15	Kansas City, Mo	25.1
9	Cora Sherman	15	Woodville, M	25.4
9	Sheila LaBone	16	Houston Tx	25.5
10	Sharon Ackax	16	Denver, Co	25.4
10	Shelia Polk	16	Denver, Co	25.7
11	Judith Wildey	16	Hamilton, Mt	25.6
11	Tracy Beaver	17	Great Falls, Mt	
13	Keilia Bolton	16	San Jose, Ca	25.0
13	Kim Robinson	17	Los Angeles, Ca	24.9
16	Sheryl Bernell	15	Memphis, Tn	25.0
16	Wanda Hooker	16	Memphis, Tn	25.0

WRESTLING

FREESTYLE: 98 Pounds
1975 Champion: Bob Meyer, Loyal, Wi

Region	Name	Age	Home	Association
1	Dale Mills	15	Pompton Lakes, NJ	New Jersey
1	Robert Giouinazzi	15	Minotola, NJ	New Jersey
1	John McHugh	16	Buffalo, NY	Niagara
2	Graig Lelansky	17	Alexandria, Va	Potomac Val
4	Preston Whaley	15	Bradenton, Fl	Florida
4	Ross Wilson	18	Tampa, Fl	Florida
4	Joseph Savas	15	Altamonte Springs, Fl	Florida
4	Van Toth	16	Hialeah, Fl	Florida GC
6	Joe Swartz	15	Kokomo, In	Indiana
6	Dwight Mattox	17	Cicero, Il	Central
6	Dallas Lipscomb	15	Fairborn, Oh	Ohio
6	John Oury	17	Glendale Hights, Il	Central
6	Steve Arnold	15	Delaware, Oh	Ohio
6	Rusty Deeming	17	Louisville, Ky	Ohio
6	Jerry Teuschler	16	Cincinnati, Oh	Ohio
6	Tim Leffler	15	Lledo, Oh	Ohio
7	Jay Kidd	16	Woodruff, Wi	Wisconsin
7	Patrick Finlan	16	Two Rivers, Wi	Wisconsin
7	Tom Mooney	16	Crystal, Mn	Minnesota
8	Mike Mash	15	Oklahoma City, Ok	Oklahoma
8	Brian Beck	15	Higginsville, Mo	Missouri Val
9	Craig Seals	16	Metairie, La	Southern
10	Kenneth Sauer	15	Golden, Co	Rocky Mtn
10	Tim Antisdal	18	Castle Rock, Co	Rocky Mtn
10	Marvin Sluser	17	Wheat Ridge, Co	Rocky Mtn
10	Lewis Dorrance	17	Commerce City, Co	Rocky Mtn
10	David Siqueiros	15	Phoenix, Az	Arizona
10	Henry Pressnell	15	Phoenix, Az	Arizona
11	Monty Chailland	16	Green River, Wv	Wyoming
11	Mark Greenfield	16	Sioux Falls, SD	South Dakota

FREESTYLE: 106 Pounds
1975 Champion: Jan Clark, Everett, Pa

Region	Name	Age	Home	Association
1	Bill Francis	17	Springfield, NJ	New Jersey
1	Tom Robinson	15	Apalachin, NY	Niagara
1	Don St. James	15	Rochester, NY	Niagara
1	Robert Szabo	16	Clarence, NY	Niagara
1	Mike Dougherty	17	Old Bridge, NJ	New Jersey

FREESTYLE: 115 Pounds (Continued)

Region	Name	Age	Home	Association
8	Kurt Krusen	16	Leawood, Ks	Missouri
9	Mark Morgan	16	New Orleans, La	Southern
10	Scott Ritzen	16	Aurora, Co	Rocky Mtn
10	Marcos Munoz	15	Brighton, Co	Rocky Mtn
10	Kevin Gockley	17	Ft. Morgan, Co	Rocky Mtn
10	Willie Maxwell	16	Elroy, Az	Arizona
10	Victor Bravo	17	Scottsdale, Az	Arizona
10	Terry Wiczorek	16	Mitchell, SD	South Dakota
10	Tommy Romo	17	Holbrook, Az	Arizona
11	Gary Nold	15	New Prague, Mn	Minnesota
16	Walter Holmes	16	Memphis, Tn	Southeastern
16	David James	18	West Memphis, Ar	Southeastern
16	Willie Jennings	16	Memphis, Tn	Southeastern

FREESTYLE: 123 Pounds
1975 Champion: Eric Kriebel, Mooresville, In

Region	Name	Age	Home	Association
1	Richard Hone	17	North Brunswick, NJ	New Jersey
1	Keith Floyd	17	Delevan, NY	Niagara
1	Steve Koob	16	Endicott, NY	Niagara
2	John Hinton	16	McLean, Va	Potomac Val
2	Steven Love	18	Alexandria, Va	Potomac Val
2	Bill Benson	16	Marietta, Ga	Georgia
3	Carl Pearson	18	Smyrna, Ga	Georgia
3	Stephen Eastham	16	Marietta, Ga	Georgia
4	Matthew Gibson	17	Homestead, Fl	Florida GC
4	William Combs	17	Venice, Fl	Florida
6	Mark Galyan	17	Martinsville, In	Indiana
6	Andre Metzger	17	Cedar Springs, Mi	Michigan
6	Pat Zimmer	16	Columbus, Oh	Ohio
6	Bayard Closser	15	Lebanon, Oh	Ohio
6	Scott Johnson	16	LaGrange Park, Il	Central
6	Great Jewell	17	Louisville, Ky	Kentucky
6	John Jeske	17	Evansville, In	Indiana
6	Bill Clark	17	Highland Park, Il	Central
6	Thames Ogat	16	Orchard Lake, Mi	Michigan
7	Dalen Wasmund	17	Worthington, Mn	Minnesota
7	Dan Gallagher	16	Reedsburg, Wi	Wisconsin
7	Jeff Loertscher	16	Lac du Flambeau, Wi	Wisconsin
8	Mark Allen	16	Oklahoma City, Ok	Oklahoma
10	Walt Maslen	17	Loveland, Co	Rocky Mtn
10	Lydell Gordon	16	Grand Junction, Co	Rocky Mtn
10	Robert Nelson	18	Aurora, Co	Rocky Mtn
10	Randy Sinner	17	Ault, Co	Rocky Mtn
10	Mike Mills	18	Tempe, Az	Arizona
10	Rick Molina	16	Mesa, Az	Arizona
10	Gilbert Valle	16	Phoenix, Az	Arizona

FREESTYLE: 106 Pounds (Continued)

Region	Name	Age	Home	Association
2	Lawrence Bowman	16	Hampton, Va	Virginia
4	Curtis Fisher	16	Austell, Ga	Georgia
4	Larry Ainscough	16	Port Charlotte, Fl	Florida
4	Robert Wimberley	16	Homestead, Fl	Florida GC
4	Dean Gettis	15	North Miami, Fl	Florida GC
6	Jim Matson	15	Elmhurst, Il	Central
6	Brian Latta	15	Louisville, Ky	Kentucky
6	Richard Ringer	16	Griffith, In	Indiana
6	Jay Evans	15	Elk Grove Village, Il	Central
7	Pat Halloran	16	Glencoe, Mn	Minnesota
7	Mark LeVasseur	17	Braham, Mn	Minnesota
7	Joe Cyr	16	Oklee, Mn	Minnesota
8	Mark Mash	15	Oklahoma City, Ok	Oklahoma
8	James Taegel	15	Kansas City, Mo	Missouri Val
9	John Hart	16	Marrero, La	Southern
10	Gregg Williams	17	Grand Junction, Co	Rocky Mtn
10	Alan Goldman	16	Englewood, Co	Rocky Mtn
10	John Drexler	16	Phoenix, Az	Arizona
10	Vince Guerra	17	Tucson, Ar	Arizona
10	Craig Wakefield	16	Phoenix, Az	Arizona
11	Bernie Arguello	17	Green River, Wv	Wyoming
13	Gil Almonte	17	Pacific, Ca	Pacific
14	Tod Briggs	16	Seattle, Wa	Alaska
16	Glen Gish	16	Memphis, Tn	Southeastern

FREESTYLE: 115 Pounds
1975 Champion: Mark Iacovelli, Ithaca, NY

Region	Name	Age	Home	Association
1	Eugene Mills	17	Pompton Lakes, NJ	New Jersey
1	Dwayne Lobdell	16	Deposit, NY	Niagara
1	Scott Pine	17	Tonawanda, NY	Niagara
1	Mark Battista	16	Endicott, NY	Niagara