

# WEIGHTLIFTING

	Wt. Class	Snatch	Clean & Jerk	TOTAL
<b>12-Under Division</b>				
1. Brandon Ezzell (St. Joseph, MO)	40 KG	30	45	75
2. David Littlejohn (Amarillo, TX)	40 KG	22.5	25	47.5

\*AAU National Record: Brandon Ezzell (MV) Total Points - 75, 1989

1. Grant Faul (SO)	44 KG	47.5	55	102.5
2. Heath Greenbaum (Pompano Beach, FL)	44 KG	40	57.5	92.5
3. Bob Foster (Baytown, TX)	44 KG	37.5	47.5	85
4. Freddie Urioste (Dumas, TX)	44 KG	40	40	80
5. Hurley Ward (Amarillo, TX)	44 KG	30	40	70
6. James Mayhew (ST)	44 KG	27.5	37.5	65
7. Matt Turant (Winchester, NH)	44 KG	25	40	65
8. Chris Lee (Blackwood, New Jersey)	44 KG	27.5	35	62.5
9. Sean Bailey (Tucson, AZ)	44 KG	20	25	45

\*AAU National Record: Grant Faul (SO) Total Points - 102.5, 1989

1. John Bean (MV)	48 KG	50	65	115
2. Bill Hobson (AZ)	48 KG	35	45	80
3. Jeremiah Wolfe (St. Joseph, MO)	48 KG	32.5	42.5	75

\*AAU National Record: John Bean (MV) Total Points - 115, 1989

1. Jim Ross (Northfield, NJ)	52 KG	37.5	52.5	90
2. Brian Salinas (SA)	52 KG	37.5	50	87.5
3. Chris Andrews (St. Joseph, MO)	52 KG	37.5	47.5	85

\*AAU National Record: Matthew Stockel (AZ) Total Points - 1988  
Jim Ross (NJ) Total Points - 90, 1989

1. Jason Cates (St. Joseph, MO)	56 KG	45	62.5	107.5
2. Lee Felton (Warwick, MA)	56 KG	45	57.5	102.5
3. Jody Frazier (Winchester, NH)	56 KG	37.5	55	92.5
4. Steve Thompson (Winchester, NH)	56 KG	35	50	85

\*AAU National Record: Jason Cates (MV) Total Points - 107.5, 1989  
Lee Helton 1989

1. Eli Bowman (St. Joseph, MO)	60 KG	52.5	62.5	115
2. Mike Helsel (St. Joseph, MO)	60 KG	45	50	95

\*AAU National Record: Eli Bowman (MV) Total Points - 115, 1989

1. Gary Willis (St. Joseph, MO)	60+ KG	57.5	72.5	130
2. Lance Trout (Lawson, MO)	60+ KG	45	55	100
3. Chad Mathews (St. Joseph, MO)	60+ KG	37.5	55	92.5
4. Jay Martin (St. Joseph, MO)	60+ KG	37.5	47.5	85
5. Henry Linscott (Fairfax, CA)	60+ KG	37.5		

\*AAU National Record: Gary Willis (MV) Total Points - 130, 1989

**13-14 Division**

1. Jeff Wnuk (Milwaukee, WI)	44 KG	45	57.5	102.5
2. Shawn Phroper (St. Joseph, MO)	44 KG	42.5	55	97.5
3. Han-Tuni Simonis (Bayonne, NJ)	44 KG	32.5	47.5	80

\*AAU National Record: Jeff Wnuk (WI) Total Points - 102.5, 1989

1. Minh Duong (Tucson, AZ)	48 KG	52.5	70	122.5
2. David Reed (Tucson, AZ)	48 KG	50	65	115
3. Noel Ragan (AZ)	48 KG	40	55	95
4. John Herring (St. Joseph, MO)	48 KG	37.5	45	82.5
5. Brandon Miller (St. Joseph, MO)	48 KG	27.5	47.5	75

\*AAU National Record: Minh Duong (AZ) Total Points - 122.5, 1989

1. Tneu Ragillo (SO)	52 KG	62.5	75	137.5
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\*AAU National Record: Tneu Ragillo (SO) Total Points - 137.5, 1989

1. Chad Gollihugh (Amarillo, TX)	56 KG	37.5	52.5	90
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\*AAU National Record: Tim Morrow (Ohio) Total Points - 1988  
 Brandon West (MV) Total Points - 135, 1988

1. Mark Biggs (Allen, MI)	60 KG	77.5	85	162.5
2. Ki Yoon (Lawrenceburg, IN)	60 KG	57.5	82.5	140
3. Robert Omiecinski (CT)	60 KG	62.5	75	137.5
4. Lee Williams (Ashuelot, NH)	60 KG	52.5	72.5	125
5. Tim Hayes (St. Joseph, MO)	60 KG	50	60	110

\*AAU National Record: Ed Urman (AZ) Total Points - 1988  
 Mark Biggs (Michigan) Total Points - 162.5, 1989

1. Bart Peak (SO)	67.5 KG	82.5	100	182.5
2. Josh Lawrence (Norman, OK)	67.5 KG	72.5	82.5	155
3. Jeff Jenkins (Baton Rouge, LA)	67.5 KG	62.5	72.5	135
4. Phil Hengsteler (Tucson, AZ)	67.5 KG	55	80	135
5. Rob Flechner (West Allis, WI)	67.5 KG	52.5	70	122.5
6. Matt McDonald (St. Joseph, MO)	67.5 KG	47.5	60	107.5
7. Jeff O'Callaghan (St. Joseph, MO)	67.5 KG	45	60	105

\*AAU National Record: Bart Peak (SO) Total Points - 182.5, 1989

1. Donnie Sawyer (St. Joseph, MO)	75 KG	75	95	170
2. J. Blair Lobrano (SO)	75 KG	77.5	80	157.5
3. Jeremiah Stafford (Phoenix, AZ)	75 KG	52.5	70	122.5

\*AAU National Record: Karl Breuckmann (MV) Total Points - 170, 1988  
 Donnie Sawyer (MV) Total Points - 170, 1989

1. Rusty Strupeck (SO)	75+ KG	80	117.5	197.5
2. Charles Culmo (Bradenton, FL)	75+ KG	75	107.5	182.5
3. Pete Kelley (St. Joseph, MO)	75+ KG	77.5	97.5	175
4. Pete Schiano (Fairfax, CA)	75+ KG	75	95	170
5. Charles Long (SO)	75+ KG	62.5	82.5	145
6. Mark Ruiz (Dumas, TX)	75+ KG	52.5	60	112.5

\*AAU National Record: Roy Johnson (SO) Total Points - 215, 1987

**15-16 Division**

1. Ken Pointer (Monmouth, OR) 52 KG 57.5 77.5 135

\*AAU National Record: Ken Pointer (OR) Total Points - 135, 1989

1. Damon Buckner (St. Joseph, MO) 56 KG 75 97.5 172.5

\*AAU National Record: Damon Buckner (MV) Total Points - 172.5, 1989

1. Josh Hogan (AZ) 60 KG 87.5 110 197.5  
2. Jimmy Wolfe (St. Joseph, MO) 60 KG 80 100 180  
3. Lance Leger (SO) 60 KG 72.5 87.5 160  
4. Tim Logan (Fairfax, CA) 60 KG 65 90 155  
5. John Shields (West Milwaukee, WI) 60 KG 60 87.5 147.5  
6. Floyd Magee (NM) 60 KG 55 77.5 132.5  
7. Brian Gomez (West Allis, WI) 60 KG 55 75 130

\*AAU National Record: Josh Hogan (AZ) Total Points - 197.5, 1989

1. John Dill (Delaware, OH) 67.5 KG 90 120 210  
2. Ricky Sanchez (SO) 67.5 KG 95 105 200  
3. Jason Winfield (Spring Hill, KS) 67.5 KG 87.5 102.5 190  
4. Edward Urman (Tucson, AZ) 67.5 KG 80 105 185  
5. Mike Cavendish (Edmond, OK) 67.5 KG 82.5 85 167.5  
6. Joe Weissenburger (Metuchen, NJ) 67.5 KG 75 87.5 162.5  
7. Gannon Faul (SO) 67.5 KG 65 90 155  
8. Steve Lawrence (Lawrenceburg, IN) 67.5 KG 62.5 77.5 140

\*AAU National Record: John Dill (Ohio) Total Points - 210, 1989

1. Karl Breuckmann (St. Joseph, MO) 75 KG 100 132.5 232.5  
2. Alexis Reed (Pleasantville, NJ) 75 KG 87.5 105 192.5  
3. Terry Watts (Bayonne, NJ) 75 KG 82.5 95 177.5  
4. Chris Komishock (Palisades Park, NJ) 75 KG 72.5 105 177.5  
5. Steven Byrd (Michigan) 75 KG 72.5 97.5 170  
6. Simon Weaver 75 KG 65 90 155

\*AAU National Record: Karl Breuckmann (MV) Total Points - 232.5, 1989

1. Jason Atkinson (St. Joseph, MO) 82.5 KG 92.5 117.5 210  
2. Andrew Schiffer (Pleasantville, NJ) 82.5 KG 85 100 185  
3. Richard Garcia (San Antonio, TX) 82.5 KG 70 90 160  
4. Jasha Faye (Fairfax, CA) 82.5 KG 90

\*AAU National Record: Jason Atkinson (MV) 210, 1989

1. Ken Frakes (Phoenix, AZ) 90 KG 70 105 175

\*AAU National Record: Ken Frakes (AZ) 175, 1989

1. Trenton Bryant (ST) 90+ KG 85 110 195  
2. Jason Lawrence (Phoenix, AZ) 90+ KG 75 107.5 182.5

\*AAU National Record: Michael Ciasca (AZ) Total Points - 235, 1988

**17-18 Division**

1. Joe Sabo (Delaware, OH) 52 KG 50 65 115

\*AAU National Record: Joe Sabo Total Points - 115

1. Larry Words (MV) 56 KG 65 87.5 152.5  
2. John Bosh (Commerce, OK) 56 KG 55 75 130

\*AAU National Record: Larry Words (MV) Total Points - 152.5, 1989

1. Steve Reulet (Baton Rouge, LA) 60 KG 80 107.5 187.5  
2. Roger Barr (Mays Landing, NJ) 60 KG 77.5 92.5 170  
3. Paul Hogarty 60 KG 65 90 155

\*AAU National Record: Steve Reulet (SO) Total Points - 187.5, 1989

1. Brian Higginbotham (St. Joseph, MO) 67.5 KG 102.5 125 227.5  
2. Rafi Sherwin (Cleveland, OH) 67.5 KG 85 105 190  
3. John Bundridge (St. Joseph, MO) 67.5 KG 80 105 185  
4. Harry Devine (Scullville, NJ) 67.5 KG 75 100 175  
5. Tim Isberg (Phoenix, AZ) 67.5 KG 65 95 160  
6. Fernando Ruiz (Palisades Park, NJ) 67.5 KG 65 87.5 152.5  
7. Greg Morris (Winchester, NH) 67.5 KG 60 80 140

\*AAU National Record: Brian Higginbotham (MV) Total Points - 227.5, 1989

1. Jason Stanley (SO) 75 KG 107.5 135 242.5  
2. Daniel Sherwin (Cleveland, OH) 75 KG 92.5 127.5 220  
3. Joseph Miller (Gresham, OR) 75 KG 82.5 110 192.5

\*AAU National Record: Steve Alvarado (CT) Total Points - 265, 1988

1. Brandon Baker (SO) 82.5 KG 117.5 155 272.5  
2. Glenn Rodriguez (North Bergen, NJ) 82.5 KG 97.5 120 217.5  
3. James Hermon (SO) 82.5 KG 85 115 205  
4. Ryan Young (Tucson, AZ) 82.5 KG 75 110 185

\*AAU National Record: Brandon Baker (SO) Total Points - 272.5, 1989

1. Wesley Barnett (St. Joseph, MO) 90 KG 127.5 150 277.5  
2. Eric Farreau (SO) 90 KG 100 127.5 227.5

\*AAU National Record: Wesley Barnett (MV) Total Points - 277.5, 1989

1. Craig Mills (Baton Rouge, LA) 100 KG 95 127.5 222.5

\*AAU National Record: Craig Mills (SO) Total Points - 222.5, 1989

1. George Lobrando (SO) 110 KG 110 137.5 247.5

\*AAU National Record: George Lobrando (SO) Total Points - 247.5, 1989

1. Thomas Wagespack (SO) 110+ KG 117.5 155 272.5

\*AAU National Record: Thomas Wagespack (SO) Total Points - 272.5, 1989

## TEAM SCORES - OVERALL

Team	Points
1. Wesley Weightlifters (1)	166
2. Gayle Hatch	161
3. Arizona Edge	83
4. Wesley Weightlifters (2)	79

### Best Lifters

12-Under	13-14	15-16	17-18
Grant Faul	Bart Peak	Josh Hogan	Brandon Baker
John Bean	Minh Duong	Karl Breuckmann	Brian Higginbotham
Heath Greenbaum	Trev Ragillo	John Dill	Wes Barnett

### COACH OF THE YEAR

1985	Gayle Hatch
1986	Dennis Snethen
1987	Jim Bishop
1988	Dennis Snethen
1989	Gayle Hatch

### TEAM DIVISION CHAMPIONS

12-Under	Wesley
13-14	Gayle Hatch
15-16	Wesley
17-18	Gayle Hatch

### OVERALL WINNERS BY YEAR

1985	Hatch
1986	Georgia
1987	Georgia
1988	Wesley
1989	Wesley



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