

SAT. Session 1 7/28/07	10:00am-1:30pm 1:30 pm	Intermediate Optional Girls 12-13 year olds Team Performance Gymnastics
SUN: Session 2 7/29/07 LUNCH BREAK Session 3	9:00 am -1:00 pm (lunch provided for c 2:30 pm – 6:30 pm	Intermediate Optional Girls 7-9 year olds and 10-11 year olds coaches) Intermediate Optional Girls 14-15year olds, 16-19 year olds and Ladies Division
MON. Session 4 7/30/07 (Lunch provided for ceremonies)	8:00 am – 12:00pm coaches, but no schedu	Open Optional Girls 12-13 year olds and 16-19 year olds uled break time due to restraints for opening
Session 5	12:00pm - 3:30pm	Open Optional Girls. 8-11 year olds and 14-15 year olds
Boys Session	8:00 am Stretch	Boys start at same time as Girls session
Celebration of Athletes (Opening Ceremonies) 6:00 pm -10:00pm Chilhowee Park, Knoxville (same site as check-in)		
TUE. Parade of Cha	ampions Asser	nble 9:00 am (ALL gymnasts are encouraged

IUE. Parade of Champions	Assemble 9:00 am (ALL gymnasts are encouraged	
7/31/07	to attend, wear warm-ups/comp leos)	
	March In Parade 9:30 am	
Event Finals	Open Optionals Only	
	10:30 am – 11:30 am Timed Warm ups - 15 minutes per	
	age group in warm up gym	
	11:30 am – 2:30 pm Competition	

Points of Interest

Birthday setting is July 30, 2007 for all gymnasts. The stated age is of the day of the Junior Olympic Games Celebration in the AAU National Junior Olympic Handbook.

Individual awards will be given immediately following each session.

Finals qualifying participants (coaches)(top 10 per event per age group) will be given 1 hour after the conclusion of their session to verify that they will be participating in finals. After that time the next alternate will be moved into place.

Event Finals Setup will be posted at the meet site at the beginning of the first gymnastics competition.