

# AAU JUNIOR OLYMPIC GAMES WEIGHTLIFTING TENTATIVE COMPETITION SCHEDULE

## MONDAY, JULY 30, 2007

**Monday will be the arrival date for athlete check-in and the technical conference.** Competition changes will be posted at the meet site. ALL ATHLETES PLEASE bring envelope with AAU card (a must for all competitors) and proof of age (birth certificate or driver's license) and starting weights to Kilos at weigh-in at the competition site.

**Technical Conference will be held at 4:00 p.m. SHARP at South-Doyle Middle School.**

**The Celebration of Athletes will be held at Chilhowee Park.**

**MINIMUM STARTING WEIGHT IS AT THE DISCRETION OF MEET DIRECTOR**

## TUESDAY, JULY 31, 2007

Age Group	Weight Class	Weigh-In	Lift
11-U Boys	All	9:00am	11:00am
12-13 Boys	All	12:00pm	2:00pm

## WEDNESDAY, AUGUST 1, 2007

Age Group	Weight Class	Weigh-In	Lift
11-U & 12-13 Girls	All	7:00am	9:00am
14-15 & 16-17 Girls	All	9:00am	11:00pm
18 -19 Girls	All	11:00am	1:00pm

## THURSDAY, AUGUST 2, 2007

Age Group	Weight Class	Weigh-In	Lift
14-15 Boys	All	7:00am	9:00am
16-17 Boys	All	11:00am	1:00pm

## FRIDAY, AUGUST 3, 2007

Age Group	Weight Class	Weigh-in	Lift
18-19 Boys	56 - 69	7:00am	9:00am
18-19 Boys	77 - 85	9:00am	11:00am
18-19 Boys	94 - 105 +	11:00am	1:00pm