



2008 AAU JUNIOR OLYMPIC GAMES POWERLIFTING

***Rock Financial Showplace
46100 Grand River, Novi, MI***

Friday, July 25

*10:00 am - 6:00 pm	Athlete Check-In	Rock Financial Showplace
2:00 pm - 3:30 pm	Early Weigh-in for Sat	Rock Financial Showplace

Saturday, July 26

*8:00 am – 5:00 pm	Athlete Check-In	Rock Financial Showplace
7:00 am - 8:30 am	Regular Weigh-In	Rock Financial Showplace
9:00 am - 3:00 pm	Competition	Rock Financial Showplace
2:00 pm - 3:30 pm	Early Weigh-in for Sun	Rock Financial Showplace
4:00 pm – 5:30 pm	Bench Press Weigh-Ins	Rock Financial Showplace
6:00 pm - 8:00 pm	Bench Press Competition	Rock Financial Showplace

Sunday, July 27

7:00 am - 8:30 am	Regular Weigh-in	Rock Financial Showplace
9:00 am - 4:00 pm	Competition	Rock Financial Showplace

** Athletes should check-in the day prior to competition.*

End times each day are tentative.