

**AAU JUNIOR OLYMPIC GAMES  
WEIGHTLIFTING  
TENTATIVE COMPETITION SCHEDULE  
AS OF 7/23/08**

**FRIDAY, JULY 25, 2008**

Friday will be the arrival date for athlete check-in and the technical conference. Competition changes will be posted at the meet site. ALL ATHLETES PLEASE bring envelope with AAU card (a must for all competitors) and proof of age (birth certificate or driver's license) and starting weights to Kilos at weigh-in at the competition site.

Technical Conference will be held at 7:00 p.m. SHARP at Rock Financial Showplace.

**MINIMUM STARTING WEIGHT IS AT THE DISCRETION OF MEET DIRECTOR**

**SATURDAY, JULY 26, 2008**

	Age	Weigh-In	Lift
Session #1	11-U, 12-13 Boys	8:00 AM	10:00 AM
Session #2	14-15 Boys	11:00 AM	1:00 PM

**SUNDAY, JULY 27, 2008**

	Age	Weigh-In	Lift
Session #3	11-U, 12-13, 14-15 Girls	8:00 AM	10:00 AM
Session #4	16-17, 18-19 Girls	10:00 AM	12:00 PM

**MONDAY, JULY 28, 2008**

	Age	Weigh-In	Lift
Session #5	16-17 Boys	8:00 AM	10:00 AM
Session #6	18-19 Boys	10:00 AM	12:00 PM