

2009 AAU JUNIOR OLYMPIC GAMES

DRAKE UNIVERSITY, DES MOINES, IOWA

MULTI-EVENT/TRACK & FIELD MEET SCHEDULE

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. ALL ATHLETES SHOULD CHECK IN AT THE KNAPP CENTER AT DRAKE UNIVERSITY, AT LEAST ONE DAY PRIOR TO THE FIRST SCHEDULED EVENT HE/OR SHE IS QUALIFIED TO COMPETE IN.

CLASSIFICATION

PG - Primary Girls (2001 & After)
 PB - Primary Boys (2001 & After)
 SBG - Sub Bantam Girls (2000)
 SBB - Sub Bantam Boys (2000)
 BG - Bantam Girls (1999)
 BB - Bantam Boys (1999)
 SMG - Sub Midget Girls (1998)
 SMB - Sub Midget Boys (1998)
 MG - Midget Girls (1997)

MB - Midget Boys (1997)
 SYG - Sub Youth Girls (1996)
 SYB - Sub Youth Boys (1996)
 YG - Youth Girls (1995)
 YB - Youth Boys (1995)
 IG - Intermediate Girls (1993-1994)
 IB - Intermediate Boys (1993-1994)
 YW - Young Women (1991-1992)
 YM - Young Men (1991-1992)

Q = Quarterfinals

S = Semifinals

F = Finals

TF = Timed Final

In all running events, EXCEPT RELAYS, where "ALL DIVISIONS" are indicated, the order will be: PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM

MULTI-EVENTS/RACEWALK

SATURDAY, AUGUST 1

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	Decathlon IB (Day 1)	100 M, LJ, SP, HJ, 400 M
8:15 AM	Pentathlon SYG (Finals)	100 M Hurdles SP, HJ, LJ, 800 M
8:30 AM	Pentathlon SYB (Finals)	100 M Hurdles, SP, HJ, LJ, 1500 M
9:00 AM	Decathlon YM (Day 1)	100 M, LJ, SP, HJ, 400 M
9:30 AM	Heptathlon IG (Day 1)	100 M Hurdles, HJ, SP, 200 M
9:45 AM	Heptathlon YW (Day 1)	100 M Hurdles, HJ, SP, 200 M
10:00 AM	1500 M Racewalk (SBG, SBB, BG, BB, SMG, SMB, MG, MB)	TF
1:00 PM	Triathlon SBG, BG (Finals)	SP, HJ, 200 M
	Triathlon SBB - BB (Finals)	SP, HJ, 400 M

SUNDAY, AUGUST 2

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	Heptathlon IG (Day 2)	LJ, Jav, 800 M
	Heptathlon YW (Day 2)	LJ, Jav, 800 M
	Pentathlon SMG, MG (Finals)	80 M Hurdles, SP, HJ, LJ, 800 M
8:15 AM	Pentathlon SMB, MB (Finals)	80 M Hurdles, SP, HJ, LJ, 1500 M
8:30 AM	Decathlon IB (Day 2)	110 M Hurdles, D, PV, Jav, 1500 M
8:45 AM	Decathlon YM (Day 2)	110 M Hurdles, D, PV, Jav, 1500 M
10:30 AM	Pentathlon YG (Finals)	100 M Hurdles, SP, HJ, LJ, 800 M
10:45 AM	Pentathlon YB (Finals)	100 M Hurdles, SP, HJ, LJ, 1500 M
11:00 AM	3000 M Racewalk (SYG, SYB, YG, YB, IG, IB, YW, YM)	TF

- All events will be run in the order listed above. If there are changes, there will be a revised schedule at Athlete Check-in.
 - The Intermediate Boys and Young Men Pole Vaulters will compete on separate pits. Starting height will be 7' or 2.13 mtrs.
 - All events will be contested approximately 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.
 - Each Final Event will be contested according to the point totals of all of the preceding events. All possible medal winners must run together.
- ATHLETES COMPETING IN BOTH MULTI-EVENT COMPETITION AND TRACK AND FIELD COMPETITION WILL BE ISSUED ONLY ONE RACE NUMBER FOR BOTH COMPETITIONS. YOU WILL NOT NEED A DIFFERENT NUMBER FOR TRACK AND FIELD!**

EVENT SCHEDULE - TRACK & FIELD
MONDAY, AUGUST 3

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	3000 M Run (SMG, SMB, MG, MB)	TF
10:00 AM	400 M Hurdles (IB, YM, IG, YW)	SF
	200 M Hurdles (SYG, SYB, YG, YB)	SF
12:00 NOON	800 M Run (SYG, SYB, YG, YB, IG, IB, YW, YM)	SF
2:00 PM	100 M Dash (All Divisions)	QF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump Discus	YW SMB	Pit 1	YB	Pit 2
9:00 AM	High Jump Shot Put	IG PB	Pads 1, 2 & 3 Rings 1 & 2	PG	Rings 3 & 4
11:00 AM	Discus	SMG			
12:00 PM	Shot Put Triple Jump	SBB YG	Rings 1 & 2 Pit 1	SBG	Rings 3 & 4
1:00 PM	High Jump Long Jump	MB MG	Pads 1, 2 & 3 Pit 2	BG	Pads 4 & 5
2:00 PM	Javelin	IG			
3:30 PM	Triple Jump High Jump	YM SMB	Pit 1 Pad 1, 2 & 3		

EVENT SCHEDULE - TRACK & FIELD
TUESDAY, AUGUST 4

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	1500 M Run (SBG, SBB, BG, BB, SMG, SMB, MG, MB)	TF
10:45 AM	110 M Hurdles (IB, YM)	SF
	100 M Hurdles (SYG, YG, SYB, YB, IG, YW)	SF
12:30 PM	200 M Dash (All Divisions)	QF
3:15 PM	400 M Run (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)	TF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump Discus	YM YW	Pit 1	YG	Pit 2
9:00 AM	High Jump Shot Put	SYB BB	Pads 1, 2 & 3 Rings 1 & 2	BG	Rings 3 & 4
11:00 AM	Discus High Jump	YM SBB	Pads 4 & 5		
12:00 NOON	High Jump Long Jump Shot Put	SYG MB SMB	Pads 1, 2 & 3 Pit 1 Rings 1 & 2	BG SMG	Pit 2 Rings 3 & 4
2:00 PM	Discus High Jump	SYG SBG	Pads 4 & 5		
3:30 PM	Triple Jump	IB	Pit 1	IG	Pit 2

EVENT SCHEDULE - TRACK & FIELD
WEDNESDAY, AUGUST 5

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	2000 M Steeplechase (IG, YW, IB, YM)	F
9:15 AM	800 M Run (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)	TF
12:00 noon	800 M Run (SYG, SYB, YG, YB, IG, IB, YW, YM)	F
12:45 PM	80 M Hurdles (SMG, SMB, MG, MB)	SF
1:30 PM	400 M Hurdles (IB, YM, IG, YW)	F
	200 M Hurdles (SYG, SYB, YG, YB)	F
2:15 PM	100 M Dash (All Divisions)	SF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump Discus	IG IB	Pit 1	IB	Pit 2
9:00 AM	High Jump Shot Put Pole Vault	YM YM SYG	Pads 1, 2 & 3 Rings 1 & 2 Pad 1	SYB	Rings 3 & 4
12:00 PM	Discus Triple Jump	IG YW	Pit 1	YB	Pit 2
1:00 PM	High Jump Shot Put Pole Vault	YG YW SYB	Pads 1, 2 & 3 Rings 1 & 2 Pad 1	BB SYG	Pads 4 & 5 Rings 3 & 4
3:00 PM	Discus High Jump	SYB SMG	Pads 1, 2 & 3		

EVENT SCHEDULE - TRACK & FIELD

THURSDAY, AUGUST 6

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	1500 M Run (SYG, SYB, YG, YB, IG, IB, YW, YM)	TF
10:30 AM	80 M Hurdles (SMG, SMB, MG, MB)	F
	100 M Hurdles (SYG, YG, SYB, YB, IG, YW)	F
	110 M Hurdles (IB, YM)	F
11:15 AM	200 M Dash (All Divisions)	SF
12:30 PM	4 x 400 M Relay (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)	SF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING/PAD</i>	<i>AGE GROUP</i>	<i>PIT/RING/PAD</i>
8:00 AM	Long Jump Discus	SMG YB	Pit 1	SYB	Pit 2
9:00 AM	High Jump Shot Put Pole Vault	IB IG YW	Pads 1, 2 & 3 Rings 1 & 2 Pad 1		
11:00 AM	Javelin	YM			
12 NOON	High Jump Long Jump Shot Put Pole Vault	MG SYG IB YM	Pads 1, 2 & 3 Pit 1 Rings 1 & 2 Pad 1	SBB	Pit 2
2:00 PM	Discus	YG			
3:30 PM	Long Jump	SBG	Pit 1		
4:00 PM	Javelin	YW			

EVENT SCHEDULE - TRACK AND FIELD
FRIDAY, AUGUST 7

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	4 x 800 M Relay (MG, MB, YG, YB, IG, IB, YW, YM)	TF
11:30 AM	4 x 100 M Relay (PG, PB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)	SF
3:15 PM	400 M Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)	SF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump	SMB	Pit 1		
	Triple Jump	SYB	Pit 2		
	Discus	MG			
9:00 AM	High Jump	YW	Pads 1, 2 & 3		
	Shot Put	YG	Rings 1 & 2		
	Pole Vault	IG	Pad 1		
11:00 AM	Javelin	IB			
12 NOON	High Jump	YB	Pads 1, 2 & 3		
	Long Jump	BB	Pit 1		
	Triple Jump	SYG	Pit 2		
	Shot Put	YB	Rings 1 & 2		
	Pole Vault	IB	Pad 1		
2:00 PM	Discus	MB			
4:00 PM	Javelin	SYB			

EVENT SCHEDULE - TRACK AND FIELD
SATURDAY, AUGUST 8

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	3000 M (SYG, SYB, YG, YB, IG, IB, YW, YM)	TF
11:15 AM	100 M Dash (All Divisions)	F
12:15 PM	400 M Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)	F
1:00 PM	4 x 100 M Relay (PG, PB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)	F
1:45 PM	200 M Dash (All Divisions)	F
2:30 PM	4 x 400 M Relay (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)	F

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump Javelin	PB YG	Pit 1
9:00 AM	Shot Put Pole Vault	MG YB	Rings 1 & 2 Pad 1
11:00 AM	Javelin	YB	
1:00 PM	Long Jump Shot Put Pole Vault	PG MB YG	Pit 1 Rings 1 & 2 Pad 1
2:00 PM	Javelin	SYG	

GOOD LUCK AT
THIS YEAR'S
CHAMPIONSHIP!!!