

JO's Assisted-3 Lift

Wt CI	Name	State	Age	Weight	Catagory	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Alexandria Dodds	FL	11	112	Kids (10-11)	55.00		37.50	42.50	70.00		162.50
181	Kylee Russell	OK	13	180	Youth (12-13)	142.50		77.50		137.50		357.50



JO's Assisted-Bench Press

Wt CI	Name	State	Age	Weight	Catagory	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Alexandria Dodds	FL	11	112	Kids (10-11)	55.00		37.50	42.50	70.00		162.50



JO's Assisted-Push-Pull

Wt CI	Name	State	Age	Weight	Catagory	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Alexandria Dodds	FL	11	112	Kids (10-11)	55.00		37.50	42.50	70.00		162.50



JO's Raw -Bench Press

Wt CI	Name	State	Age	Weight	Catagory	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
066	Silencia Algarin	MN	6	52	Kids (6-7)	20.00	25.00	20.00		35.00		75.00
105	Beth-El Algarin	MN	11	102	Kids (10-11)	65.00		45.00		80.00		190.00
114	London Chow	CA	15	110	Teenage (14-15)	0.00		37.50		0.00		37.50
165	Angie Santiago	MN	17	156	Teenage (16-17)	75.00		50.00		92.50		217.50



JO's Raw-3 Lift

Wt CI	Name	State	Age	Weight	Catagory	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
066	Silencia Algarin	MN	6	52	Kids (6-7)	20.00	25.00	20.00		35.00		75.00
088	Caitlin Harrier	FL	9	88	Kids (8-9)	45.00		25.00		61.00		131.00
097	Kalli Ann Kalpakoff	MN	14	92	Teenage (14-15)	35.00		22.50		42.50		100.00
105	Beth-El Algarin	MN	11	102	Kids (10-11)	65.00		45.00		80.00		190.00
123	Elizabeth Becker	MN	13	122	Youth (12-13)	47.50		37.50	40.00	85.00		170.00
132	Alicia Lucey	IA	16	0	Teenage (16-17)	0.00		0.00		0.00		0.00
165	Abigail Segler	MN	14	152	Teenage (14-15)	60.00		35.00		85.00		180.00
165	Angie Santiago	MN	17	156	Teenage (16-17)	75.00		50.00		92.50		217.50



JO's Raw-Push-Pull

Wt CI	Name	State	Age	Weight	Catagory	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
066	Silencia Algarin	MN	6	52	Kids (6-7)	20.00	25.00	20.00		35.00		75.00
088	Caitlin Harrier	FL	9	88	Kids (8-9)	45.00		25.00		61.00		131.00
105	Beth-El Algarin	MN	11	102	Kids (10-11)	65.00		45.00		80.00		190.00
165	Angie Santiago	MN	17	156	Teenage (16-17)	75.00		50.00		92.50		217.50