



2013 AAU Junior Olympic Games

Jump Rope Schedule of Events



** Event times are estimates, we will move ahead if possible*

Wed. July 24, 2013

10:00 a.m. - 7:00 p.m.	Athlete and Coaches Check-In	Cobo Center
10:00 a.m. - 7:00 p.m.	Practice – Coach or adult supervision required	“
1:30 p.m. – 4:30p.m.	Coach Check-in at Jump Rope Sport Table	“
2:00 p.m. – 5:00 p.m.	Judge Training for Non US Judges	“
5:30 p.m. – 7:00 p.m.	Mandatory Coaches and Judges Meeting	“

Thurs. July 25, 2013

8:00 am	Coaches and Judges Meeting	Cobo Center
9:00 a.m.	Opening Remarks and National Anthem	
	Competition:	
	<u>Individual Single Rope Speed & Power</u>	
	Female Single Rope Speed	
	Male Single Rope Speed	
	Female Single Rope Power	
	Male Single Rope Power	
	 <u>Pairs Single Rope Speed & Power</u>	
	Single Rope Pairs Speed	
	Single Rope Pairs Power	
11:45am	Double Dutch Single Freestyle	
1:15pm	Double Dutch Pairs Freestyle	
3:00pm	Parade of Athletes	
	Awards	

Fri. July 26, 2013:

8:00 am	Coaches and Judges Meeting	Cobo Center
9:00 am	Competition:	“
	<u>DD Speed and Power Events</u>	
	Double Dutch Single Speed	
	Double Dutch Speed Relay	
	Double Dutch Single Power	“
10:00am	Single Rope Pairs Freestyle	
1:30pm	Individual Freestyle Events	
	Males 8U, 9-10, 13-14	
	Females 8U, 9-10	
3:30pm	Awards	

Sat. July 27, 2013:

8:00 a.m.	Coaches and Judges Meeting	Cobo Center
9:00 a.m.	Competition	“
	Individual Freestyle Events	“
	Males 11-12, 15-17, 18-22	
	Females 10, 11, 12, 13, 14, 15-17, 18-22	
3:30pm	Awards	
	Team Show Practice on Competition Floor in heat order	

Sun. July 28, 2013

8:00 a.m. - 9:00 a.m.	Open AAU Jump Rope Meeting	Cobo Center
9:00a.m. – 9:30 a.m.	Judges Briefing	“
10:00 a.m.	Competition	“
	Junior Group Routines	
	Senior Group Routines	
11:00am	Awards	