

# A.A.U. Junior Olympic Games Trampoline & Tumbling Competition

Cobo Center, 1 Washington Blvd, Detroit, Michigan

July 25 - 28, 2013

Rev/July 16, 2013

## ☆☆☆ OPEN WORK-OUT TIME ☆☆☆

Athletes MUST be in COMPETITION TYPE attire to participate !

WEDNESDAY, JULY 24 -----6-8 p.m. OPEN WORK-OUT

- ☒ **FINAL COMPETITION - PLEASE NOTE:**
  - **THE TOP TEN ATHLETES WILL ADVANCE TO FINALS---ALL LEVELS IN ALL EVENTS!**
  - **FINAL COMPETITION IS NOT MANDATORY IF THERE IS ONLY ONE ATHLETE IN A LEVEL.**
  
- ☒ **A.A.U. JUNIOR OLYMPIC GAMES CELEBRATION OF ATHLETES - RYNEARSON STADIUM (Eastern Michigan University) MONDAY, July 29 @ 7:30 p.m.**
  
- ☒ **AAU NATIONAL TEAM & STARS OF TOMORROW PRACTICE - SATURDAY, JULY 27 at 3:00 p.m. or after competition is over**
  
- ☒ **TRAMPOLINE & TUMBLING PARADE OF CHAMPIONS & AWARD CEREMONY - SUNDAY, JULY 28 at 1 p.m.**

**T&T Competition**  
**A.A.U. JUNIOR OLYMPIC GAMES - Detroit, Michigan**  
**July 25 - 28, 2013**



**KEY:**

**SB** = **SUB-BEGINNER**  
**BEG** = **BEGINNER**  
**AB** = **ADV-BEGINNER**  
**SN** = **SUB-NOVICE**  
**NOV** = **NOVICE**  
**I or INT** = **INTERMEDIATE**  
**SA** = **SUB-ADVANCED**  
**ADV** = **ADVANCED**

**B** = **BOYS**  
**G** = **GIRLS**

**O** = **OVER**  
**U** = **UNDER**

**F** = **FLIGHT**

**SCHEDULE OF SPECIAL T&T EVENTS:**

**A.A.U. JUNIOR OLYMPIC GAMES CELEBRATION OF ATHLETES**  
**Thursday, July 25**

**AAU NATIONAL TEAM & STARS OF TOMORROW PRACTICE**  
**Saturday, July 27 - 3:00 p.m. or after competition is over**

**T&T PARADE OF CHAMPIONS & AWARDS**  
**Sunday, July 28 @ 1 p.m.**

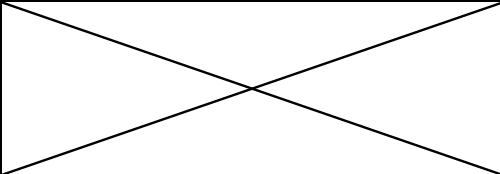
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**REMEMBER - *THE TOP TEN* ATHLETES ADVANCE TO FINALS. \*NOTE - If there is only one (1) athlete in an age group, that athlete does NOT have to compete a final competition unless they want to. In this case, after their flight award presentation, the athlete should go directly to the Award Area and get their medal!**

**THURSDAY, JULY 25**

**Coaches & Judges' Meeting - 9:30 a.m.**

**ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED**

TIME	ROD 1	ROD 2	TRAMP 1	TRAMP 2	D-MINI 1	D-MINI 2	TIME
	<b>PRELIMS</b>	<b>PRELIMS</b>	<b>PRELIMS</b>	<b>PRELIMS</b>	<b>PRELIMS</b>	<b>PRELIMS</b>	
10:00	SB G ALL SB B ALL	AB G 8&U	BEG G 9&O	INT G 9-10	SA G 17&O SA B ALL		10:00
10:30	BEG G 8&U	AB G 9&O AB B ALL	BEG B ALL	INT G 11-12		SA G 10&U, 15-16	10:30
11:00	BEG G 9&O BEG B ALL	NOV G 9&U	BEG G 5&U	INT G 13-14	SA G 11-12		11:00
11:30	NOV G 12&O NOV B ALL	NOV G 10, 11	BEG G 6, 7	INT G 8&U; 15&O		SA G 13-14	11:30
12:00			BEG G 8	INT B ALL			12:00
12:30	LUNCH						12:30
1:00			S-ADV G SYNC ALL S-ADV B SYNC ALL		INT G 8&U	INT G 9-10	1:00
1:30			ADV G SYNC ALL ADV B SYNC ALL		INT G 11-12		1:30
2:00						INT G 13-14; 15&O	2:00
2:30					INT B ALL		2:30

**\*SYNC TRAMPOLINE - NO FINALS**

**FRIDAY, JULY 26**

**Coaches & Judges' Meeting - 9:30 a.m.**

**ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED**

TIME	ROD 1	ROD 2	TRAMP 1	TRAMP 2	D-MINI 1	D-MINI 2	TIME
	<b>FINALS</b>	<b>FINALS</b>	<b>PRELIMS</b>	<b>PRELIMS</b>	<b>PRELIMS</b>	<b>PRELIMS</b>	
10:00	SB G ALL SB B ALL	AB G 8&U	NOV G 13&O NOV B 13&O	SA G 15&O SA B 12&U	ADV G 12&U		10:00
10:30	BEG G 8&U	AB G 9&O AB B ALL	NOV G 11	SA G 9-10 SA B 13&O		ADV G 13-14	10:30
11:00	BEG G 9&O BEG B ALL	NOV G 9&U	NOV G 10 NOV B 7-8; 11-12	SA G 11-12	ADV G 15-16; 17&O		11:00
11:30	NOV G 12&O NOV B ALL	NOV G 10, 11	NOV G 8	SA G 13-14		ADV B ALL	11:30
12:00			NOV G 9	ADV G 12&U; 17&O	NOV B ALL	NOV G 10, 11	12:00
12:30			NOV G 7&U	ADV G 15-16 ADV B 15&O	NOV G 9	NOV G 12&O	12:30
1:00			NOV G 12 NOV B 9-10		NOV G 8&U		1:00
1:30	<b>LUNCH</b>						1:30
2:00				ADV G 13-14 ADV B 14&U	BEG G 5&U	BEG G 6	2:00
2:30					BEG G 7	BEG G 8	2:30
3:00					BEG G 9, 10	BEG G 11&O BEG B 7&O	3:00
3:30					BEG B 6&U		3:30

**\*IF ONLY 1 COMPETITOR IN YOUR AGE GROUP, YOU DO NOT HAVE TO DO FINALS UNLESS YOU WISH TO.....**

**SATURDAY, JULY 27**

**Coaches & Judges' Meeting - 9:30 a.m.**

**ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED**

TIME	ROD 1	ROD 2	TRAMP 1	TRAMP 2	D-MINI 1	D-MINI 2	TIME
	<b>PRELIMS</b>	<b>PRELIMS</b>	<b>*FINALS</b>	<b>*FINALS</b>	<b>*FINALS</b>	<b>*FINALS</b>	
10:00	ADV G 12&U ADV B ALL	SN G 7	BEG G 9 BEG B ALL		BEG G 8, 11&O		10:00
10:30	ADV G 13-14	SN G 6&U; 8	BEG G 10&O			BEG B 7&O	10:30
11:00	ADV G 15&O	SN G 9	BEG G 6, 7		BEG G 5&U BEG B 4&U		11:00
11:30	SA G 10&U	SN G 10	BEG G 5&U			BEG G 7	11:30
12:00	SA G 11-12	SN G 11	BEG G 8		BEG G 9, 10		12:00
12:30	SA G 13-14; 15-16	SN G 12&O	ADV G 17&O ADV B ALL			BEG G 6 BEG B 5-6	12:30
1:00	SA G 17&O SA B ALL	SN B 8&U	ADV G 11-12; 15-16		SA G 13-14		1:00
1:30	<b>LUNCH</b>						1:30
2:00	INT G 9-10 INT B 9-10	SN B 9&O	ADV G 13-14		SA G 11-12		2:00
2:30	INT G 8&U INT B 8&U; 11&O	INT G 11-12				SA G 15&O SA B 12&U	2:30
3:00	INT G 13-14	INT G 15&O			SA G 10&U SA B 13&O		3:00
<b>3:00 p.m. Practice with the AAU National Team &amp; Stars of Tomorrow</b>							

**\*IF ONLY 1 COMPETITOR IN YOUR AGE GROUP, YOU DO NOT HAVE TO DO FINALS UNLESS YOU WISH TO.....**

**SUNDAY, JULY 28**

**Coaches & Judges' Meeting - 8:30 a.m.**

**ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED**

TIME	ROD 1	ROD 2	TRAMP 1	TRAMP 2	D-MINI 1	D-MINI 2	TIME
	<b>*FINALS</b>	<b>*FINALS</b>	<b>*FINALS</b>	<b>*FINALS</b>	<b>*FINALS</b>	<b>*FINALS</b>	
9:00	ADV G 14&U	SA G 13-14; 15-16	NOV G 11, 12	SA G 17&O SA B ALL	INT G 9-10		9:00
9:30	ADV G 15-16, 17&O	SA G 12&U	NOV B 11&O	SA G 13-14		INT G 8&U	9:30
10:00	ADV B ALL	S-A G 17&O S-A B ALL	NOV G 7, 8	SA G 11-12	INT G 13-14		10:00
10:30	SN G 7&U	SN G 9	NOV G 6&U NOV B 10&U	SA G 10&U; 15-16	INT G 15&O INT B 11-12	INT G 11-12	10:30
11:00	SN G 8 SN B 11-12	SN G 12&O	NOV G 10, 13&O	NOV G 9	INT B 10&U; 13&O	ADV G 12&U	11:00
11:30	SN G 10 SN B 9-10	SN B 8&U; 13&O				ADV G 15-16; 17&O	11:30
12:00	INT G 13-14	SN G 11				ADV G 13-14	12:00
12:30	INT G 15&O INT B 10&U	INT G 10&U				ADV B ALL	12:30
1:00	<b>PARADE OF CHAMPIONS</b>						1:00
2:00	INT B 11&O	INT G 11-12		INT G 9-10	NOV G 8&U	NOV G 13&O NOV B 8&U	2:00
2:30				INT G 8&U INT B ALL	NOV G 10, 12	NOV 9, 11	2:30
3:00				INT G 11-12	NOV B 9&O		3:00
3:30				INT G 13&O			3:30

**\*IF ONLY 1 COMPETITOR IN YOUR AGE GROUP, YOU DO NOT HAVE TO DO FINALS UNLESS YOU WISH TO.....**