

**2013 AAU JUNIOR OLYMPIC GAMES
WEIGHTLIFTING
COMPETITION SCHEDULE
REVISED SCHEDULE**

SATURDAY, JULY 27, 2013

Friday will be the arrival date for athlete check-in and the technical conference. All participants (athletes and coaches) must check-in at the Cobo Center to receive their credentials.

Competition changes will be posted at the meet site. ALL ATHLETES PLEASE bring envelope with AAU card (a must for all competitors) and proof of age (birth certificate or driver's license) and starting weights to Kilos at weigh-in at the competition site.

Technical Conference will be held at 7:00 p.m. at the Cobo Center.

**MINIMUM STARTING WEIGHT IS AT THE DISCRETION OF MEET DIRECTOR
SCHEDULE & TIMES SUBJECT TO CHANGE**

SUNDAY, JULY 28, 2013

Session One:

All Girls and 13 & Under Boys

Weigh-ins: 9:00 am
Lift: 10:30 am

Session Two:

Boys 14 to 15

Weigh-Ins: 11:00 am
Lift: 1:00 pm

TUESDAY, JULY 30, 2013

Session One:

Boys 16 to 19

Weigh-Ins: 8:00 am
Lift: 10:00 am