

A.A.U. Junior Olympic Games Trampoline & Tumbling Competition

Iowa Events Center, Des Moines, Iowa

July 24 - 27, 2014

Rev/July 6, 2014

☆☆☆ OPEN WORK-OUT TIME ☆☆☆

Athletes MUST be in COMPETITION TYPE attire to participate !

WEDNESDAY, JULY 23 -----6-8 p.m. OPEN WORK-OUT

- ☒ **FINAL COMPETITION - PLEASE NOTE:**
 - ➔ **THE TOP TEN ATHLETES WILL ADVANCE TO FINALS---ALL LEVELS IN ALL EVENTS!**
 - ➔ **FINAL COMPETITION IS NOT MANDATORY IF THERE IS ONLY ONE ATHLETE IN A LEVEL.**

- ☒ **A.A.U. JUNIOR OLYMPIC GAMES CELEBRATION OF ATHLETES - DRAKE STADIUM,
MONDAY, July 28 @ 7:00 p.m.**

- ☒ **AAU NATIONAL TEAM & STARS OF TOMORROW PRACTICE - SATURDAY, JULY 26 at 3:00 p.m. or after
competition is over**

- ☒ **AAU NATIONAL TEAM PARTY - SATURDAY, JULY 26 - SLEEPY HOLLOW ACTIVITY PARK**

- ☒ **TRAMPOLINE & TUMBLING PARADE OF CHAMPIONS & AWARD CEREMONY - SUNDAY, JULY 27 at
12 p.m.**

T&T Competition
A.A.U. JUNIOR OLYMPIC GAMES - Des Moines, Iowa
July 24 - 27, 2014



KEY:

S-BEG = SUB-BEGINNER
BEG = BEGINNER
A-BEG = ADV-BEGINNER
S-NOV = SUB-NOVICE
NOV = NOVICE
INT = INTERMEDIATE
S-ADV = SUB-ADVANCED
ADV = ADVANCED

B = BOYS
G = GIRLS

O = OVER
U = UNDER

SCHEDULE OF SPECIAL T&T EVENTS:

A.A.U. JUNIOR OLYMPIC GAMES CELEBRATION OF ATHLETES
Monday, July 28

AAU NATIONAL TEAM & STARS OF TOMORROW PRACTICE
Saturday, July 26 - 3:00 p.m. or after competition is over

T&T PARADE OF CHAMPIONS & AWARDS
Sunday, July 27 @ 12 p.m.

REMEMBER - *THE TOP TEN* ATHLETES ADVANCE TO FINALS. *NOTE - If there is only one (1) athlete in an age group, that athlete does NOT have to compete a final competition unless they want to. In this case, after their flight award presentation, the athlete should go directly to the Award Area and get their medal!

Thursday, July 24, 2014

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges Meeting - 8:30 a.m.

TIME	ROD 1	ROD 2	TRAMP 1	TRAMP 2	TRAMP 3	D-MINI 1	D-MINI 2
9:00 a	S-BEG G 4&U	BEG G 5&U BEG B ALL	S-ADV G SYNC 14&U		BEG G 8	INT G 15&O	
9:30 a	S-BEG G 5	BEG G 6				INT B ALL	
10:00 a	S-BEG G 6 S-BEG B ALL	BEG G 7	S-ADV G SYNC 15&O S-ADV B SYNC ALL		BEG G 9	INT G 8&U	
10:30 a	BEG G 8		ADV G SYNC 16&U				
11:00 a	BEG G 9&O	A-BEG G 6&U			BEG B 6&U	INT G 11-12	
11:30 a	A-BEG G 8	A-BEG G 7	ADV G SYNC 17&O ADV B SYNC ALL		BEG G 5		
12:00 p		A-BEG G 9			BEG G 6		
12:30 p	A-BEG G 10		INT G 8&U	INT B 10&U			S-ADV B ALL
1:00 p	LUNCH						
1:30 p	NOV G 6&U NOV B ALL	A-BEG G 11&O A-BEG B ALL	INT G 13-14	INT G 11-12	BEG G 7	INT G 9-10	S-ADV G 15&O
2:00 p	NOV G 7	NOV G 8			BEG G 10 BEG B 7&O		S-ADV G 13-14
2:30 p	NOV G 9	NOV G 10	INT G 15&O INT B 11&O		BEG G 11&O		
3:00 p	NOV G 11, 12	NOV G 13&O		INT G 9-10	BEG G 4&U	INT G 13-14	S-ADV G 11-12
3:30 p							
4:00 p						S-ADV G 8&U	S-ADV G 9-10

Friday, July 25, 2014

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges Meeting - 8:30 a.m.

TIME	ROD 1 FINALS	ROD 2 FINALS	TRAMP 1	TRAMP 2	TRAMP 3	D-MINI 1	D-MINI 2	D-MINI 3
9:00 a	S-BEG G 4&U	S-BEG G 5	ADV G 10&U ADV B 15&O		S-ADV G 13-14	NOV G 9	NOV G 7	
9:30 a	S-BEG G 6 S-BEG B ALL	BEG G 5&U BEG B ALL	ADV G 11-12					
10:00 a	BEG G 6	BEG G 7				NOV G 11	NOV G 12	
10:30 a	BEG G 8	BEG G 9&O	ADV G 13-14		S-ADV G 11-12	NOV G 13&O	NOV B ALL	
11:00 a	A-BEG G 6&U	A-BEG G 7				NOV G 8	NOV G 10	
11:30 a	A-BEG 8	A-BEG G 9	ADV G 15-16		S-ADV G 9-10			
12:00 p	A-BEG G 10	A-BEG G 11&O A-BEG B ALL	ADV G 17&O			NOV G 6&U	BEG G 4&U	
12:30 p	LUNCH							
1:00 p	NOV G 6&U, 7	NOV G 8	ADV B 14&U	NOV B ALL	S-ADV G 8&U S-ADV G 15&O		BEG G 5	
1:30 p	NOV G 9	NOV G 10, 11		NOV G 12	S-ADV B ALL	ADV G 15-16	BEG G 6	
2:00 p	NOV G 12	NOV G 13&O		NOV G 7	NOV G 8	ADV G 13-14	BEG G 10	BEG B 6&U
2:30 p	NOV B ALL						BEG G 8	BEG B 7&O
3:00 p				NOV G 9	NOV 10	ADV G 10&U ADV B 14&U		BEG G 11&O
3:30 p						ADV G 11-12	BEG G 7	BEG G 9
4:00 p				NOV G 6&U	NOV G 11	ADV G 17&O		
4:30 p				NOV G 13&O		ADV B 15&O		

Saturday, July 26, 2014

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges Meeting - 8:30 a.m.

TIME	ROD 1	ROD 2	ROD 3	TRAMP 1 FINALS	TRAMP 2	TRAMP 3 FINALS	D-MINI 1 FINALS	D-MINI 2 FINALS	D-MINI 3 FINALS
9:00 a	ADV G 10&U ADV B 12&U	S-NOV G 6&U	INT G 8&U	ADV G 17&O	X	X	S-ADV G 13-14	X	X
9:30 a	ADV G 11-12	S-NOV G 7	INT G 9-10	ADV G 13-14			S-ADV G 11-12		
10:00 a	ADV G 13-14	S-NOV G 8	INT G 11-12	ADV G 10&U ADV B 12&U			S-ADV G 9-10		
10:30 a				ADV B 13&O			S-ADV G 8&U S-ADV G 15&O		
11:00 a	ADV G 15-16	S-NOV G 9		ADV G 11-12			S-ADV B ALL		
11:30 a	ADV G 17&O		INT G 13-14	ADV G 15-16			BEG G 4&U		
12:00 p	ADV B 13&O	S-NOV G 12					BEG G 5		
12:30 p	LUNCH								
1:00 p	S-NOV G 13-14	S-NOV G 10	INT G 15&O	BEG B 6&U			BEG G 6	BEG G 7	BEG G 8
1:30 p			INT B ALL	BEG B 7&O			BEG G 9	BEG G 10	BEG G 11&O
2:00 p	S-NOV G 15&O S-NOV B 8&U	S-NOV G 11	S-ADV G 9-10	BEG G 4&U			BEG B 6&U	BEG B 7&O	
2:30 p	S-NOV B 9&O		S-ADV G 15&O	BEG G 5, 6	BEG G 7, 8	BEG G 9, 10			
3:00 p	S-ADV G 8&U S-ADV B ALL	S-ADV G 11-12	S-ADV G 13-14	BEG G 11&O					

Sunday, July 27, 2014

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges' Meeting - 8:00 a.m.

TIME	ROD 1 FINALS	ROD 2 FINALS	ROD 3 FINALS	TRAMP 1 FINALS	TRAMP 2 FINALS	TRAMP 3 FINALS	D-MINI 1 FINALS	D-MINI 2 FINALS	D-MINI 3 FINALS
8:30 a	ADV B 13&O	S-NOV G 6&U	INT G 8&U	S-ADV G 11-12		X	NOV G 9	NOV G 11	X
9:00 a	ADV G 10&U ADV B 12&U	S-NOV G 7	INT G 9-10	S-ADV G 13-14			NOV G 10	NOV G 12	
9:30 a	ADV G 11-12	S-NOV G 8	INT G 11-12	S-ADV G 9-10			NOV G 13&O	NOV B ALL	
10:00 a	ADV G 13-14	S-NOV G 9	INT G 13-14	S-ADV G 8&U S-ADV G 15&O			NOV G 6&U	NOV G 7	
10:30 a	ADV G 15-16	S-NOV G 10	INT G 15&O	S-ADV B ALL			NOV G 8		
11:00 a	ADV G 17&O	S-NOV G 11	INT B ALL	INT G 8&U			ADV B ALL		
11:30 p	S-NOV G 13&O	S-NOV G 12	S-ADV G 8&U S-ADV B ALL	INT G 9-10	INT G 11-12		ADV G 11-12		
12:00 p	PARADE OF CHAMPIONS & AWARDS CEREMONIES								
1:30 p	S-ADV G 11-12	S-NOV B ALL		INT G 13-14	INT G 15&O INT B 11&O	NOV G 6&U	ADV G 10&U ADV G 17&O		
2:00 p	S-ADV G 9-10	S-ADV G 13-14		INT B 10&U	NOV G 9, 10	NOV G 7, 8	ADV G 15-16		
2:30 p		S-ADV G 15&O		NOV G 11, 12	NOV G 13&O	NOV B ALL	ADV G 13-14		
3:00 p							INT G 8&U	INT G 9-10	INT G 11-12
3:30 p							INT G 13-14	INT G 15&O	INT B ALL

