



2015 AAU Junior Olympic Games

Taekwondo

SCHEDULE

CHECK-IN – VIRGINIA BEACH CONVENTION CENTER

FRIDAY, July 31st

8 AM – 4 PM

Taekwondo Athlete Check-In & Coaches Floor Pass	11 AM – 3 PM
Coaches Meeting	3 PM – 4 PM
Officials Clinic	4 PM – 7 PM

COMPETITION – CHESAPEAKE CONFERENCE CENTER

Saturday, August 1st

Taekwondo Opening Ceremony	9 AM
Competition	9:30 AM – 4 PM
<i>Individual Traditional Forms, Team Forms, Creative Forms, Creative Musical Forms, Padded Weapons sparring, Weapons Forms & Self Defense Competition</i>	

Sunday, August 2nd

Competition	9:00 AM – 6 PM
<i>Demo Team Open Board Breaking, Jump/Flying Board Breaking, Speed Board Breaking, Power Hand Breaking & Power Foot Breaking</i>	