

2016 Junior Olympic Games - Female Results  
 Ages 14-23 years old

	Weight class	Name	State	Age	Weight	Age Group	Squat	4th Squat
<b>JO's Bench Press-Raw</b>								
	097	Alexandra Lazarus	LA	15	89	Teenage (14-15)		
	165	Anais Hill	TX	16	158	(16-17)		
	198	Reynolds	CA	17	193	(16-17)		

<b>JO's Deadlift-Raw</b>								
	148	Khelsea Cray	TX	17	140	Teenage (16-17)	0.00	

<b>JO's Powerlifting-Assisted</b>								
	114	Lizette Ortiz-Rosado	TX	14	112	Teenage (14-15)	264.55	270.06
	114	Betzaidalis Rosado-Mojica	TX	18	109	Teenage (18-19)	220.46	
	123	Jodel Patino	TX	19	122	Teenage (18-19)	303.13	
	148	Nallely Gutierrez	TX	16	144	Teenage (16-17)	303.13	
	220+	Samantha Heimer	TX	16	236	Teenage (16-17)	358.25	363.76

<b>JO's Powerlifting-Raw</b>								
	097	Alexandra Lazarus	LA	15	89	Teenage (14-15)	115.74	
	165	Anais Hill	TX	16	158	(16-17)	209.44	
	198	Deanna Wood	TX	14	195	Teenage (14-15)	148.81	
	198	Reynolds	CA	17	193	(16-17)	352.74	

<b>JO's Push/Pull-Assisted</b>								
	114	Lizette Ortiz-Rosado	TX	14	112	Teenage (14-15)		
	114	Betzaidalis Rosado-Mojica	TX	18	109	Teenage (18-19)		

<b>JO's Push/Pull-Raw</b>								
	097	Alexandra Lazarus	LA	15	89	Teenage (14-15)		
	165	Anais Hill	TX	16	158	(16-17)		
	198	Deanna Wood	TX	14	195	Teenage (14-15)		
	198	Reynolds	CA	17	193	(16-17)		

Bench	4th Bench	Deadlift	4th Deadlift	Total Weight
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60.63				60.63
99.21				99.21
176.37				176.37

0.00		314.16		314.16
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159.83		248.02		672.40
132.28		248.02	259.04	600.75
203.93		347.22		854.28
199.52	200.62	341.71	352.74	844.36
242.51	248.02	275.58	308.64	876.33

60.63		154.32		330.69
99.21		231.48		540.13
110.23		209.44		468.48
176.37		407.85		936.96

159.83		248.02		407.85
132.28		248.02	259.04	639.34

60.63		154.32		214.95
99.21		231.48		330.69
110.23		209.44		319.67
176.37		407.85		584.22