



2010 AAU 'Spring Break' Beach Volleyball Training Camp

Golden West College Sand Courts

April 5th, 2010

Proudly hosted by BeachVolleyballCalifornia.com

This intensive 1 day camp offers keen Beach Volleyballers the opportunity to get high quality coaching from experienced and specialized beach volleyball coaches.

The camp will be lead by experienced F.I.V.B. International Beach Volleyball coach Hayden Jones and assisted by other passionate staff of Beach Volleyball California.

Training will focus on mastering the fundamental skills and strategies of the 2 a side beach game through high quality, focused, skills training.

To ensure quality training and personalized attention, numbers for the camp are limited to 24 individuals.

This camp will be extremely valuable for all athletes planning to participate in the AAU beach volleyball events during the 2010 summer.

The camp will run from 9:00am to 4:00pm with a total of an hours break for food and refreshment during the day. (3/4 hour break from 12:00 – 12:45 and several short breaks either side)

Come prepared to soak up knowledge and work hard!

Special guests Sara Goller and Laura Ludwig from Germany (current number 4 ranked women's team in the world) have confirmed that they will be attending the camp to meet the campers, sign autographs and talk about their experiences playing professional beach volleyball on the world tour and at the Olympics.

Go to www.gollerplusludwig.com for more information on Sara and Laura.

AGE GROUPS: Registration is open to girls aged 10 – 18.

COST: \$50.00 per athlete for the day

VENUE: Golden West College Sand Courts - 15744 Golden West Street Huntington Beach, CA 92647

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins
- Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

FOR MORE INFORMATION CONTACT:

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